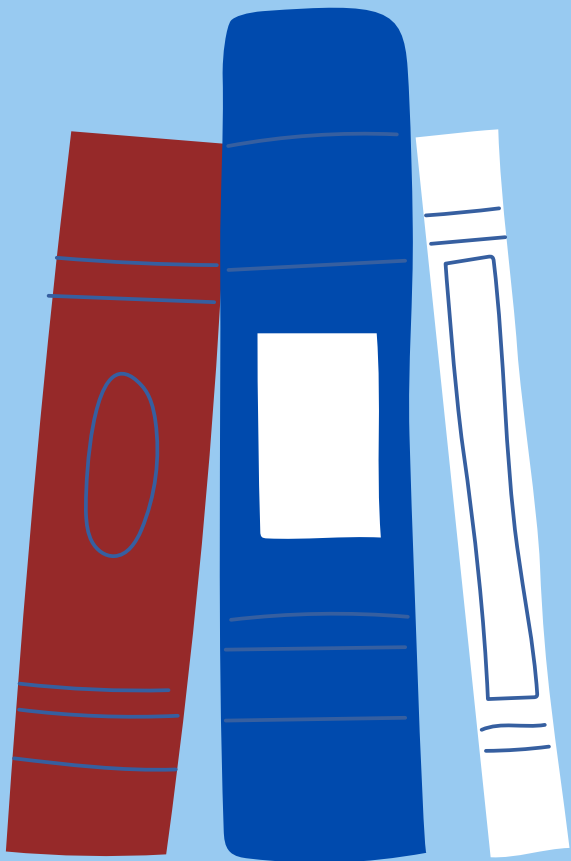




Manor Lakes *p-12 College*

SECONDARY NEWSLETTER



WEEK 7
TERM 3, 2023

INSIDE

1. Shoutouts
2. India's Lunar Triumph
3. Our Principals' Favourite Books
4. The History Of Book Week
5. Athletic Achievers / Mock Trial
6. Cooking Corner
7. Market Day – Product Poster
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10. Market Day – Product Poster
11. Learn Self-Defence Skills
12. Clubs & Extracurricular Activities
13. Words of Wisdom / Meme of the Week

SAVE THE DATE

- **Wednesday August 30** – Market Day at lunchtime
- **Friday September 15** – Last day of Term 3
- **Monday October 2** – Term 3 begins

THE TEAM

Year 12: Ruby Collins, Anshika Handa

Year 11: Jasmine Low

Year 9: Lillian Hadlow, Maithili Lal, Maddison Goodchild, Pratiti Dixit

Year 8: Thy Vo, Ashlee Phillips, Kyuubi Del Bando, Sahasra Dwarak, Tahlia Varas

Year 7: Charlotte Forrester, Youssef Grira, Arayna Mohindra, Mayur Patel, Imani Berrios

CONTACT US

Email: secondarynewsletterteam@manorlakesp12.vic.edu.au

- Submit competition answers
- Share good news and story ideas
- Submit student work
- Join our team!



SHOUTOUTS



YEAR 7

- Joshua MORISON – Respects everyone and works well in the classroom.
- Ariam TAFERE BEZABIH – Always actively engaging in school activities and encouraging her peers to do the right thing.
- Ezlan SOHANI – Always ready to help others and sets high standards for himself.
- Gurnaaz SAMRA – Always striving to improve in her work by participating in class discussions and asking for help when required.
- Kena ABAFITA – Always being respectful, well behaved and helpful.
- Rajdip SINGH – Always being respectful, well behaved and helpful.
- Prabhlin KAUR – Always behaving respectfully, following instructions and attempting all set work.
- Hadaya WAJAHAT – Always striving to do her best and achieve excellent outcomes, and asking for guidance when required.

YEAR 8

- Zaima KAISER – Effectively leading her team in the Humanities debate.
- Sarah KALOS – Completes all the set tasks while showing respect in the Science classroom.

YEAR 9

- Hamidha SHEIK SINDHA MADHAR – Consistent hard work and engagement in English lessons.
- Simrth Singh GILL – Consistently demonstrating exceptional teamwork, sportsmanship and dedication to learning in PE.
- Aarav SAINI – Consistent hard work and engagement in Science lessons throughout Term 3.
- Riddhi PRAJAPATI – Consistently performing in Maths assessments and completing assigned work.

YEAR 11 VCE

- Holly HAWKER – Working extremely hard in Unit 4 General Maths and achieving great results.
- Dheekshitha GORREPATI – Working extremely hard in Unit 4 General Maths and achieving great results.
- Ruhab HASAN – Completing all the set tasks in Chemistry and achieving great results in SACs.

YEAR 12 VCE

- Daniel TARRANT – Working hard in Unit 4 General Maths and achieving great results.
- Hayley MOORE – Working hard to catch up on missed work.

VM 11/12

- Chloe EDEN – Participation and outstanding execution of a complex community project (Winter Sleepout).
- Malia HEHEA – Participation and outstanding execution of a complex community project (Winter Sleepout).
- Sean PLESA – Participation and outstanding execution of a complex community project (Winter Sleepout).
- Henrietta AFOA – Participation and outstanding execution of a complex community project (Winter Sleepout)

INDIA'S LUNAR TRIUMPH



By Maithili Lal, 9C

As I tuned in to the live broadcast on television, a sense of anticipation filled the air. The Chandrayaan-3 mission was on the verge of a historic moment, and I was about to witness it first-hand. This wasn't India's first attempt at lunar exploration – it was the third. Previous attempts had faced their challenges, but this time, there was a palpable determination to succeed.

The spacecraft, meticulously designed and crafted, was embarking on a journey to the Moon's south pole. The significance of this attempt wasn't lost on me – India was aiming to become the fourth country to successfully land on the Moon and the very first to touch down on its south pole.

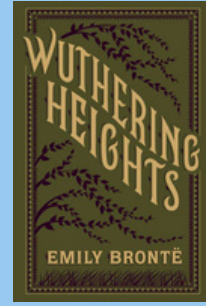
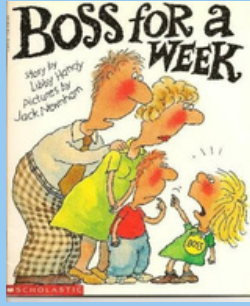
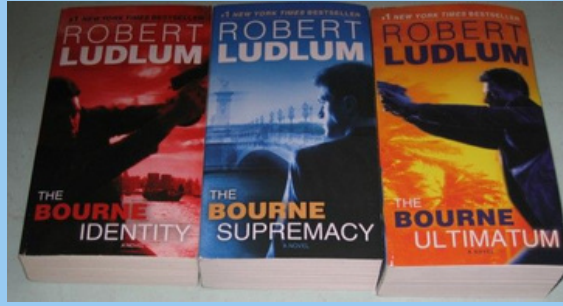
As the images unfolded on the screen, the intricate details of the mission's components became apparent. The propulsion module, the Vikram lander, and the Pragyan rover – each represented a step forward in India's pursuit of lunar exploration. The Vikram lander, equipped with advanced scientific instruments and the capability for a soft landing, was especially crucial.

The culmination of efforts arrived on Wednesday (August 23) when Chandrayaan-3 achieved a gentle landing near the lunar south pole. This accomplishment, while indeed a moment of celebration, was also a moment of reflection. It underscored the persistence of India's space scientists and engineers, who had persevered to bring this mission to fruition.

Beyond the scientific and technological achievements, the Chandrayaan-3 mission conveyed a message of resilience and determination. It showcased that setbacks are an inherent part of any ambitious endeavour, but they don't define the outcome. The landing near the lunar south pole symbolised the collective effort to learn, adapt and eventually succeed.

In retrospect, witnessing the Chandrayaan-3 mission live on television was not just a moment of scientific significance, but also a reminder of the complexities and challenges of space exploration. It reinforced the idea that progress is often marked by both failures and successes, and that each attempt contributes to the broader journey of exploration.

OUR PRINCIPALS' FAVOURITE BOOKS



Scott Dellar – executive principal

Favourite book growing up – *The Magic Faraway Tree* by Enid Blyton.

Favourite book now – Any of the *Bourne* novels by Robert Ludlum. If someone asked me, "If you could be anything for a day, what would it be?" my answer would be: Jason Bourne.

Deanne Clark – secondary principal

Favourite book as a child – *The Poky Little Puppy* by Janette Sebring Lowrey.

Mike Lanyon – primary principal

Favourite kids book – *Harry Potter* series.

Favourite adult book – *The Foundation* trilogy by Isaac Asimov (science fiction).

Katie Lovegrove – supported acting principal

My favourite book as a child was *George Speaks* by Dick King-Smith.

As an adult my favourite book is *The Artificial Anatomy of Parks* by Kat Gordon.

Penny Owens – secondary assistant principal

My all-time fave book as a wee girl was *Boss For A Week* by Libby Handy. I still have the copy I had as a kid and it is well worn. It is one of my most treasured items. My fave book as an adult has always been Mary Shelley's *Frankenstein*. So many lessons about humanity to be learnt from this text. I learn something new every time I read it.

Sam Watkins – secondary assistant principal

As a child, anything (or everything) from Enid Blyton, Roald Dahl, the *Encyclopedia Brown* series, the *Choose Your Own Adventure* series, and anything on space and dinosaurs.

As an adult, the *Jack Reacher* series by Lee Child, the *Mitch Rapp* series by Vince Flynn, and anything from James Patterson and Bryce Courtney.

Billy Vasilevski – secondary assistant principal

As a kid I wouldn't be caught without a *Goosebumps* book in hand.

Carmel Cranage – secondary assistant principal

My favourite childhood book was *The Champion Of The World* by Roald Dahl. My favourite book as an adult is *A Descant For Gossips* by Thea Astley and *Wuthering Heights* by Emily Bronte.

Krystal Coleman – secondary assistant principal

As a child, *Green Eggs and Ham* by Dr Seuss. As an adult, Morris Gleitzman's *Once* series.

Emily Batchelor – primary assistant principal

Favourite childhood picture book – *Possum Magic* by Mem Fox.

Favourite childhood novel/series – *The Chronicles of Narnia* by CS Lewis.

Favourite adult book: *Inspector Rebus* detective series by Ian Rankin.

Dan Condon – primary assistant principal

My favourite children's book was *The Little Prince* by Antoine De Saint. As an adult, *The Slap* by Chris Tsiolkas.

Sam Burden – primary assistant principal

Favourite books as a kid – anything Paul Jennings. *The Gizmo*, *Uncanny*, *Unreal*...

Elyse Melvin-Hill – assistant principal

My favourite books as a child were Enid Blyton's *Mallory Towers* and *St Clare's* series, and as an adult anything by Agatha Christie.

Joe Beech – supported acting assistant principal

As a young child I always enjoyed the *Kipper The Dog* books by Mike Inkpen. As an adult my favourite fiction book is probably *Dune* by Frank Herbert – "Fear is the mind killer" – and I'm also a big fan of Jon Ronson, a non-fiction author, who has some excellent books including *So You've Been Publicly Shamed* and *The Men Who Stare At Goats*. I've read everything he's written and it's all great.

THE HISTORY OF BOOK WEEK



By Charlotte Forrester, 7M

Ahh, books. The simple pieces of cellulose fibres that tell stories and mythical legends. You've all read at least one book in your life – if you haven't I'd be a little concerned. With it being Book Week, I thought I'd recap the history of this exciting and interesting event, and talk about where it originated, why people dress up in costume, and why it is an important thing to celebrate.

WHERE DID BOOK WEEK ORIGINATE?

Book Week was created in 1945 by the Children's Book Council of Australia (CBCA), as a dedication to the world's illustrators and authors. The CBCA has encouraged children to celebrate this cheerful and enthusiastic week by dressing up as characters such as Cat In The Hat, Harry Potter, Dorothy from *The Wizard of Oz*, Garfield, Little Miss/Little Mr, and many many other exciting characters. During that era, there was a lack of children's literature in Australia, and only a handful of Aussie authors were actively writing in this genre. However, with the introduction of Book Week, children's books and authors found a platform to showcase their work, leading to increased awareness and popularity of these stories.

WHY DO PEOPLE DRESS UP FOR BOOK WEEK?

People dress up for Book Week as a way to celebrate and promote the joy of reading. It is a fun and creative way for individuals, particularly children, to bring their favorite book characters to life. Dressing up not only allows individuals to express their love of literature but also creates a sense of excitement and engagement with the stories and characters they admire. Additionally, it fosters a sense of community and encourages conversations about books and authors among peers, teachers, and parents.

WHY IS IT IMPORTANT, ANYWAY?

Book Week is important to many Australians, as it is a time to recognise and appreciate the great authors that have gifted us with these lovely books, with many powerful meanings, and so many morals. We generally celebrate Book Week in appreciation of authors like Roald Dahl, Dr Seuss, Walt Disney, and many more.

ATHLETES BURN UP THE TRACK

Eight of our best athletes have made it through to the next stage of competition after terrific performances in the Wyndham Region Athletics Carnival.

The following students proved too good for other competitors in our region:

- Tristan Berto finished 1st in the 18-20y boys for both the 1500m and 3000m.
- Idriss Chillo (Year 11) finished 1st in the 17y boys 100m with the fastest time of the day over all age categories – 11.90 seconds.
- Ruby Pendergast (Year 7) finished 1st in the 12-13y girls 100m with a time of 14.15 seconds.
- Jolie Tshitamba (Year 12) finished 1st in the 18-20y girls 100m with a time of 15.58 seconds.
- Also going through was the 14y girls relay team – Bella Bennet, Charlotte Luttick, Emily Harvey and Achut Maker.

They have progressed to the next level of competition, which will be held on Wednesday October 4 (in the first week of Term 4).

OUR YOUNG LAWYERS PREPARE FOR COURT

The Manor Lakes Legal department is excited to announce that the first ever Manor Lakes/Forty Four Degrees Mock Trial event will take place next week.

Six of the college's sharpest legal minds will face off in court to resolve a civil dispute that has been taking place in the nearby suburb of Mansion Rivers.

The winners of the trial will be presented with a ceremonial sextant (right) and will receive remuneration for their legal services.

We would like to thank Forty Four Degrees Lawyers and Consultants for sponsoring this event. Without their help, none of this would have been possible.

Special thanks to Amanda Mason and Aniket Parulekar, who have donated their valuable time to act as our official judge and tipstaff during the trial. We really appreciate all their support.





COOKING CORNER

with Anshika Handa



Polenta

Ingredients

- 250 ml Water
- 1 tsp Sea salt
- 50 gm Polenta flour
- 15 gm Butter, plus extra to brush on top.
- 1 Egg yolk
- 10 gm Parmesan cheese, plus extra to sprinkle on top.

Method

- Bring the salted water to the boil.
- Add the polenta, stirring constantly so that no lumps form. Keep stirring until you see the polenta start to thicken and come away from the sides of the saucepan.
- Turn down the heat to a very low simmer and cover the saucepan with a lid for about 20 minutes, depending on the type of polenta, stirring it well every five minutes or so.
- Allow to cool slightly, and add the egg yolk and parmesan cheese.
- Turn it out onto a buttered tray or container and spread evenly.
- Butter the surface and sprinkle with Parmesan cheese before placing in the fridge.
- Once set – cut to desired shape and bake or grill as required.



My attempt.

MY PERSONAL TIP:

I believe that this recipe is an easier one and the actual prep and cooking doesn't take long. However, you have to leave it in the fridge for a while to set. Rather than coating the tray or container with butter, you can also choose to use Cling Wrap if you prefer. Lastly, I recommend serving it with something else rather than on its own as it only has a subtle taste and is not a main dish.

ICE CREAM PARADISE

COME JOIN US

"Get a taste of Happiness!
At our school ice cream
Markert

MENU

Icy Poles: \$1.00

Ice Cream Cones: \$2.50

Sundae: \$ 3:50

Toppings: 25 cents



OPEN ON 30TH AUGUST LUNCH TIME FROM 1:22 -2:00

Available Payments are Pay ID and
Cash

Dahir, Djsey, Adonnah

SWEET EXCHANGE

BY DELINDA, ATASHA,
SUMAYO AND NYAMAL

BROWNIES

A CLASSIC BROWNIE WITH A GOOEY
FUDGEY CENTRE AND A PERFECTLY
CRISP TOP. YOU CANT GO WRONG!

\$2-EACH

COOKIES

THE ULTIMATE CHOC CHIP COOKIE
INDULGENCE, BOLSTERED BY CHUNKS OF
HOMEMADE TOFFEE, BROWNED BUTTER AND
LARGE POCKETS OF MELTY CHOCOLATE

\$1.50-EACH

ROCKY ROAD

A CREAMY GOODNESS OF CHOCOLATE
BISCOFF, LOTUS BISCUITS AND EVEN
MINI MARSHMALLOWS. TRUST ME ITS
BETTER THAN IT LOOKS.

\$3-EACH



31/8/23

1:22PM-1:50PM

IN FRONT OF VIC BLOCK



SWEET
EXCHANGE

only available on
market day

→ 30.08.2023

maple nutmeg cookies

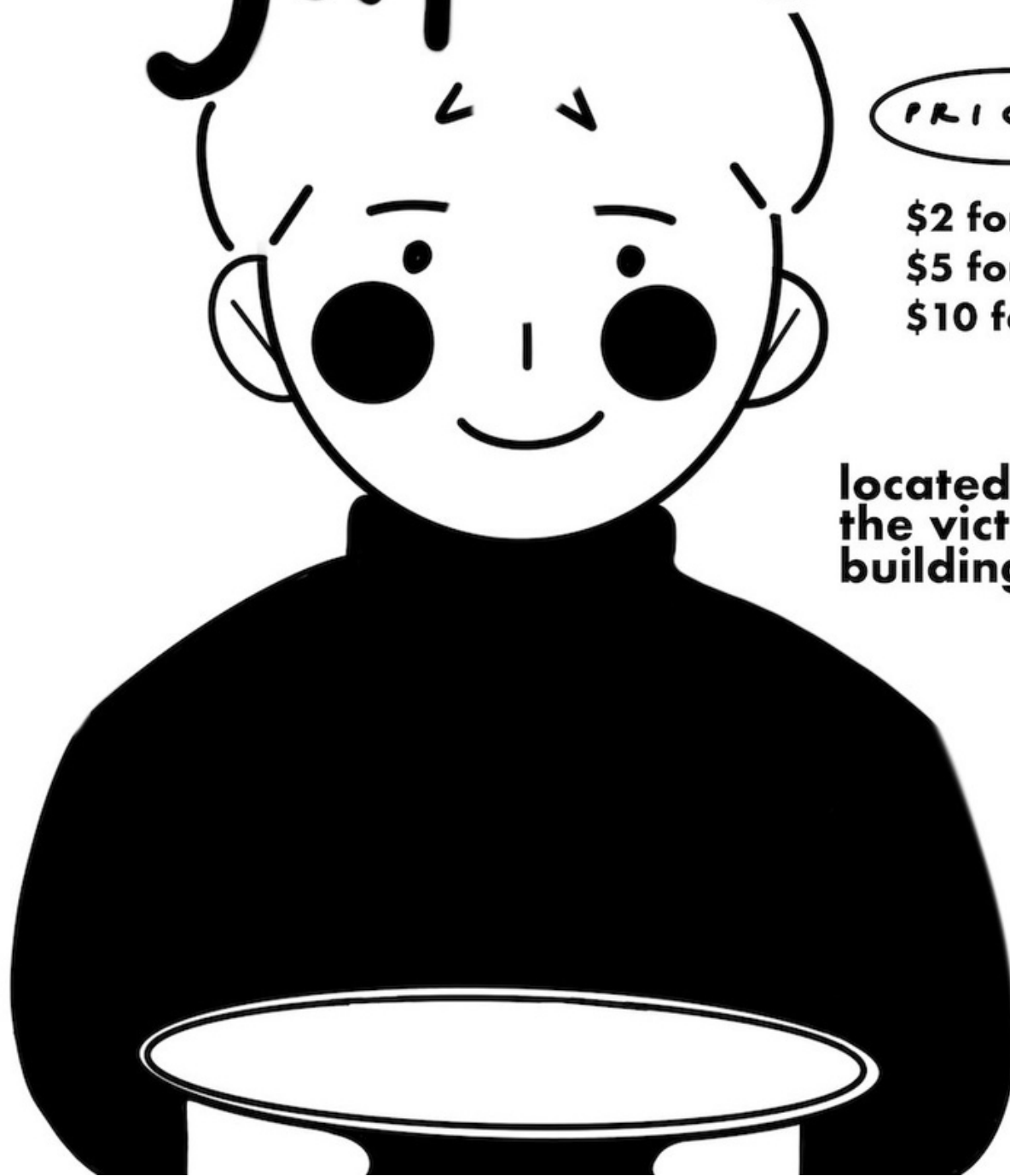
free from gluten,
tree nuts and
dairy products **!!**

petit gâteau

PRICING

\$2 for one
\$5 for three
\$10 for six

located outside
the victoria
building



The Cute Candle Company

Details:

Location– Manor Lakes Secondary College,
7-12 campus

Date– Wednesday 30th August

Time– **1:25–2:00**

Items (3\$ Per Bag):

Lavender Candle

Red Berry Candle

Unscented Candle.

DEAL: 2 Bags for 5\$

DISCLAIMER: Each candle bag comes with one type of candle in a set of 3. CASH ONLY!



FREE

**12-25
YEARS**

CREATE

CELEBRATE SAFETY AWARENESS MONTH!

Join the **CREATE** workshops during Safety Awareness Month
to learn self-defence skills and keep yourself fit in a fun way!

4:00PM - 5:00PM

EVERY FRIDAY DURING
SEPTEMBER

1 September / 8 September
15 September / 22 September
29 September

**Manor Lakes Central
Shopping Centre –
Community Learning Room**



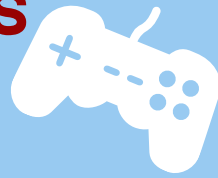
For more information or to book:
www.wyndham.vic.gov.au/cw-safety-awareness
Email: danielle.diez@wyndham.vic.gov.au



wyndhamcity
Youth
Services



CLUBS & EXTRACURRICULAR ACTIVITIES



Monday

LUNCH

• Prayer room	Illawarra 3
• Mock Trial and Moot Competition	Victoria 6
• Harmony Quilt	Eppalock 1
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval
• African Dance	Amadeus hall
• AFL	Oval
• Art Club	Wyara 1

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Melbourne Victory FC Academy	Community oval

Tuesday

LUNCH

• Prayer room	Illawarra 3
• Brain Teaser	Eyre 3
• Newspaper Reading	Eyre 3
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval

AFTER SCHOOL

• Newsletter	Victoria 7
• Study Support 7-10	Victoria 9
• Rugby League Academy	Community oval

Wednesday

BEFORE SCHOOL

• SRC & class captains meeting	Victoria 5
8.30am-9am	Secondary gym
• Basketball	

LUNCH

• Prayer room	Illawarra 3
• Socrates Philosophy Club	Wyara 5
• Public speaking and debating	Victoria 14
• Gaming Club	Eyre 4
• Interact	Victoria 1
• Cricket	Secondary gym
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Beyond the Nile	Victoria 12
• Science Club	Maq labs
• Volleyball	Secondary gym

Thursday

BEFORE SCHOOL

• Student leaders meeting	Victoria 5
8.30am-9am	

LUNCH

• Prayer room	Illawarra 3
• Chess Club	Wyara 5
• Gaming Club	Eyre 4
• Anime Club	Vic port 4
• Karaoke	Amadeus hall
• Street Dance	Amadeus music room
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Model UN	Vic port 7
• Volleyball	Secondary gym
• Rugby League Academy	Community oval

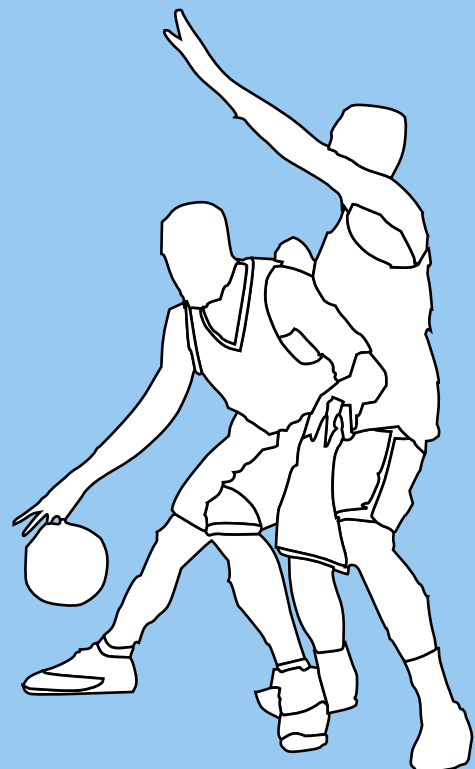
Friday

RECESS

• Badminton	Secondary gym
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LUNCH

• Prayer room	Illawarra 3
• Safe space	Wyara 2
• Lit Lounge	Eyre library
• Cards and Games	Cootabarlow 2
• Dungeons and Dragons	Victoria 5
• Gaming Club	Eyre 4
• Esports	Mackay 5
• Rugby League Academy	Community oval



Words of Wisdom

"The question isn't who is going to let me; it's who is going to stop me."

– Ayn Rand, Russian-born American writer and philosopher



MEME OF THE WEEK

Me and the boys getting the teacher to tell us stories instead of work

