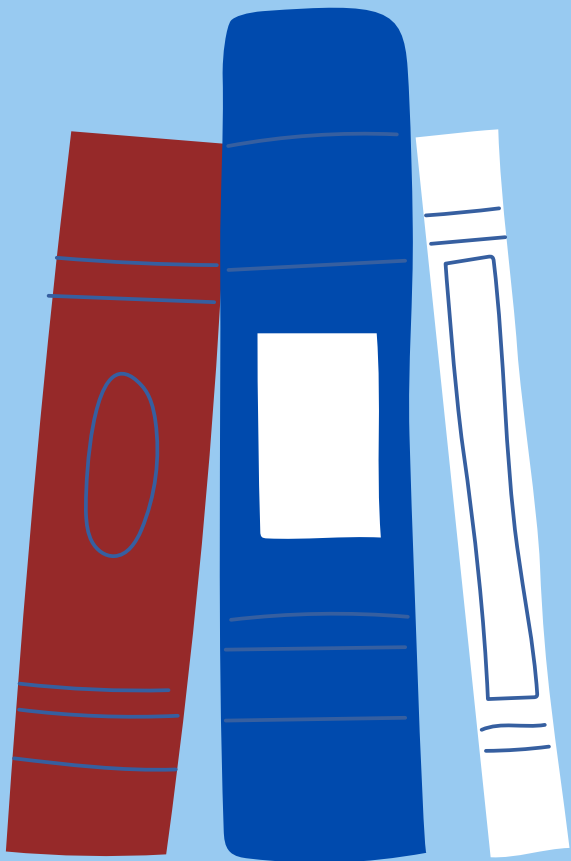




Manor Lakes *p-12 College*

SECONDARY NEWSLETTER



WEEK 4
TERM 3, 2023

INSIDE

1. Shoutouts
2. Senior Boys Soccer / Debating
3. Book Week Dress Up
4. Opinion: Public Transport Should Be Free
5. Cooking Corner
6. Book Review: The Sun Is Also A Star
7. Book Series Review: Dragon Slayer
8. The Wellness Club
9. Wanted: Books For Needy Kids In PNG
10. Drop In Tuesdays
11. College Art Competition
12. Clubs & Extracurricular Activities
13. Words of Wisdom / Meme of the Week

SAVE THE DATE

- Thursday August 24 – Book Week Dress Up
- Friday August 25 – Staff Professional Development Day (Student-free)
- Friday September 15 – Last day of Term 3

THE TEAM

Year 12: Ruby Collins, Anshika Handa

Year 11: Jasmine Low

Year 9: Lillian Hadlow, Maithili Lal, Maddison Goodchild

Year 8: Thy Vo, Ashlee Phillips, Kyuubi Del Bando, Sahasra Dwarak, Tahlia Varas

Year 7: Charlotte Forrester, Youssef Grira, Arayna Mohindra, Mayur Patel, Imani Berrios

CONTACT US

Email: secondarynewsletterteam@manorlakesp12.vic.edu.au

- Submit competition answers
- Share good news and story ideas
- Submit student work
- Join our team!



YEAR 7

- Layla FAKHOURI – Getting to class on time and showing respect to her Humanities teacher.
- Hollie BUSUTIL – Striving to do her best in Maths and showing great motivation.

YEAR 8

- Ella AITKEN – Continuing to demonstrate a high work ethic and trying to improve themselves.
- Alicia DORAN – Showing courage and skill throughout PE classes.
- Nadra MOHAMED – Adopting a positive learning attitude towards her learning and asking for help when needed.
- Sahasra DWARAK – Being respectful and completes all the set tasks to a high standard in Science.
- Kevin LE – Showing respect and completes the set tasks in Science.
- Charlotte HEDDLE – A fabulous job helping at lunch club daily. Her effort and help is appreciated.
- Sabreen ANGOK – Trying her hardest on her Humanities assessment, and asking questions when needing clarification.

YEAR 9

- Jacob OCHILO – Demonstrating leadership skills by supporting his friends to get their work started and sharing his knowledge of the text in English.
- Kiersten BAUTISTA – Always completing her English work to a high standard, and diligently taking notes every session.
- Riddhi PRAJAPATI – Always completing her English work to a high standard, and diligently taking notes every session.
- Salim ANGELO – Produced a fantabulous draft for his film analysis of *Remember The Titans*.
- Miracle AMOL – Displayed awesome baking skills while making muffins. A pleasure to have in the kitchen. The next Gordon Ramsay!
- Antonio Joaquin CACAO – A great job keeping his team on track and coming up with great ideas for his Humanities task.

YEAR 10

- Delinda TUNE – Exhibiting a high standard of skill in Textiles.
- Nithya GIRISH – Using her time wisely to catch up on all Accounting work missed while overseas.

YEAR 11 VCE

- Louis MAG – Works well in all sessions and completes all tasks within the timelines without any distractions.
- Anyieth MATHANG – Respects everyone in the classroom and works quietly.
- Amiot MACH – Respectful towards self and others and always ready to help.
- Ta Kaw Htoo HTOO – Works really hard and makes every effort to produce work above standards.

YEAR 12 VCE

- Deborah MANIRAKIZA – Showing leadership in English.
- Hanny EPHREM SALIM – Showing leadership in English.
- Fahamu LUTETE – Showing leadership in English.
- Nowa HAMU – Immense leadership as captain of the senior soccer team at the regional finals.

VM 11/12

- Jes WARDLAW – Amazing feedback from employers during SWL placement at Bunnings, leading to potential employment opportunities.
- Matthew MOISE – Amazing feedback from employers during SWL placement at Bunnings, leading to potential employment opportunities.
- Jibriil ABDI – Amazing feedback from employers during SWL placement at Bunnings, leading to potential employment opportunities.
- Sean PLESA – Amazing feedback from employers during SWL placement at Total Tools, leading to potential employment opportunities.

SENIOR BOYS MAKE STATE SOCCER TITLES



On Tuesday July 25 our senior boys soccer team participated in the Western Metro Regional finals. The boys have been training and working incredibly hard every day and had been looking forward to this competition for months.

We drew the first game 1-1 against Staughton College despite dominating. Our goal was scored by Ater Mun. However, after a defensive error we conceded a very late goal – the first goal we've given up in six games of play.

We won our next game 3-1 against Bayside College and also dominated the opposition, keeping possession in our offensive half for most of the game. Goals were scored by Remy Etulo, Nowa Hamu and Imad Youssouf.

We won our group and then proceeded to the final game against Buckley Park. The final scores after full time and then extra time were 0-0, which took us to a tense penalty shootout.

We won the penalty shootout 6-5 after three amazing saves from our goalie Edwin Nyembo and the final penalty scored by Djesy Langa.

As western region champions we now go to the Victorian State Championships on August 31.

Special mentions to captain Nowa Hamu, player of the tournament Emmanuel Mugisha, Will Ndayitwayeko, Zak Aden and Dahir Moalin.

DEBATING VICTORY

Congratulations to Siddharth, Jasmine and Ashna, along with their coach Mr Pace, for winning their debate against Hume Secondary College about whether "Medical professionals should not be allowed to strike."

As the negative team, we made some very clear points about the importance of using whatever tools were required to ensure our hardworking health professionals have working conditions that maintain the health and safety of everyone.

Incredible effort from a very persuasive trio.



BOOK WEEK

DRESS UP

THURSDAY AUGUST 24

Dress up as your favourite book character or author



READ, GROW, INSPIRE

Public Transport Should Be Free



By Thy Vo

The number of people using public transport is always increasing, because it is often cheaper and more convenient than driving. Public transport also has the benefit of being much more eco-friendly and it reduces traffic congestion.

Others may argue that you can travel more freely and more comfortably in cars, but those vehicles contribute to air pollution, emitting chemicals including carbon monoxide (found in cigarettes), which impact the environment. To avoid this and encourage more people to use public transport, I feel it would be most effective if the government made it free.

Firstly, public transport is more eco-friendly than other modes of transport. Cars are mostly expensive and fuel prices have also increased. Public transport is much more cost-effective.

Secondly, the price of public transport has only increased slowly. The price depends on the destination and distance. Traffic on the roads will also be reduced as more people use public transport.

In conclusion, people may argue that free public transport would result in crowding on trains, trams and buses, but I believe it is most best and possibly effective way to encourage people to use public transport.



COOKING CORNER

with Anshika Handa



Szechwan Pepper Quail

Ingredients

2	Quail
1 tbsp	5 spice powder
2 tsp	Salt
5 tbsp	Szechwan Pepper
1 tbsp	Cumin seed
½	Orange juiced
50 grams	Rice flour
1 tsp	Sriracha chilli sauce
Sprig	Coriander
	Oil for deep frying

Method

- Debone quail, separating the wings and maryland from the whole quail.
- Place a pan on the stove and add szechwan, cumin and 5 spice.
- Toast in pan for 5 minutes, place in mortar and pestle and grind.
- Rub powder over the quail pieces and allow to marinate for 20 minutes.
- Place a pan on the stove with water and steam basket.
- Cook quail in steamer for 10 minutes.
- When cooked, pat dry and remove any liquid.
- Toss quail through the rice flour and remove excess flour.
- Deep fry quail in oil at 180 degrees, taking care with any moisture on quail.

Sauce

- Squeeze juice for orange, removing any pips.
- Add to sriracha chilli sauce and coriander, then mix.
- Remove quail from fryer and drain.
- Toss through the sauce.



My attempt.

MY TIP:

Quail is not a poultry people use very often in their homes but I found it a nice experience to work with it for the first time. When it comes to deboning and separating the pieces of the quail, it is very similar to deboning a chicken. I recommend watching some videos before trying if you do not have any experience because the bones of a quail are much more fragile than a chicken's. You can choose to alter the cooking process slightly by poaching the quail for a few minutes before marinating it and then drying it completely to dry marinate it and let it sit, rather than steaming it with the dry marination. Lastly, I recommend serving the dish with fresh coriander on top while the quail is hot.

A DECENT READ THAT FALLS A LITTLE SHORT

By Maithili Lal, 9C

A Sun Is Also A Star, by Nicola Yoon, presents an intriguing exploration of fate and love, centred around the lives of Natasha, a pragmatic Jamaican immigrant, and Daniel, a dreamy Korean-American. Although the characters are engaging and relatable, and the themes are thought-provoking, the novel has some shortcomings that slightly diminish its overall impact.

The strength of the book lies in its characters, Natasha and Daniel. Their struggles, dreams and emotions are well portrayed, making them compelling protagonists that readers can connect with on an emotional level. The connection between the two is undeniably heartwarming, capturing the essence of young love.

The novel also deserves praise for its celebration of diversity and representation. Through Natasha and Daniel's cultural backgrounds, the book sensitively addresses the challenges faced by immigrants, fostering empathy and understanding among readers.

The exploration of themes like fate, love and family dynamics is thought-provoking. The novel encourages readers to reflect on their own beliefs and the impact of seemingly random encounters in life.

However, the book falls short in a few areas. The rapid timeline of Natasha and Daniel's romance, taking place within one day, feels rushed and unrealistic, making it difficult for readers to fully immerse themselves in the connection between the characters. Moreover, some aspects of the plot follow predictable paths, reducing the element of surprise for readers seeking more unpredictability.

The secondary characters lack sufficient development, leaving readers wanting more insight into their motivations and backgrounds. This omission lessens the overall impact of their contributions to the story.

In conclusion, *A Sun Is Also A Star* is a decent read that excels in character portrayal and its exploration of themes. While the romance and themes are captivating, the book's rushed timeline, predictable plot points and underdeveloped secondary characters detract from its potential impact. Despite these drawbacks, it remains a worthwhile novel for readers seeking a touching exploration of love, fate, and cultural representation.



Rating:

★★★★★ (3/5)

DEMON SLAYER



By Charlotte Forrester, 7M

WARNING! PLEASE READ FIRST

This page may contain sensitive topics and major spoilers to the *Demon Slayer* manga. Do not read if you have not yet finished the manga.

Demon Slayer, the anime and book series created by Koyoharu Gotouge, is very well known among many, anime watchers or not. The captivating storyline and sudden plot twists hooked a lot of readers, causing the book series, anime and author to quickly rise in popularity.

First off, let me start with a very brief explanation of *Demon Slayer*. Tanjiro Kamado, a gifted 15-year-old boy who lives with his family in the snowy mountains, is selling charcoal to townspeople in the area. As he returns to his home, he discovers something truly horrifying: every member of his family has been ruthlessly murdered by a demon, except for his sister Nezuko, who is still breathing. Tanjiro picks her up on his shoulders and soon realises she has been injected with demon blood, causing her to become ruthless and to try to attack people, including Tanjiro. To stop this, a hashira (a powerful sword master), Giyu Tomioka, wraps a bamboo muzzle around her mouth, calming her down.

The storyline was a rollercoaster. A couple of moments made me gasp in excitement at first, but then cry, and once again gasp, but then become confused. Yeah, it was a trippy rollercoaster of emotions. I honestly didn't know what to say when I finished it – I was basically speechless because it was so good.

My personal favourite characters in all of the books were Mitsuri Kanroji, Genya Shinazugawa and Shinobu Kocho. I absolutely loved their lore and characters, especially Mitsuri, as she has a beautiful character design along with Shinobu.

My rating for this book series is a perfect 5/5. My reasoning includes the captivation of the story, the way the characters were written, and the general art and design. Unlike many other mangas, the pain the characters felt was extremely well described. It felt as if you were the character and you were feeling their pain. It was absolutely amazing, with so many shocking plot twists that left me gobsmacked.

5/5!



The Wellness Club

On Monday Lunch, Victoria 1

- Mindfulness
- Gratitude
- Become your higher self
- Social issues
- selfcare
- mental health
- self love
- taking care of ourselves
- wellness advice
- safe space



Become the best version of
you!

WANTED: BOOKS FOR NEEDY KIDS IN PNG



We are running a charity book drive across the college (Prep-12) until the end of Book Week (August 19-25). Collection boxes have been set up in both Victoria admin (for secondary students) and Burley Griffin (for primary).

All donations will be given to the charity organisation Books4PNGKids, which aims to help early reader literacy in Papua and New Guinea (PNG). Their mission is to boost literacy for ALL CHILDREN through the equitable distribution of books and resources in PNG, so that particularly those in remote and rural areas, who are often disadvantaged, can potentially offer more to PNG's future.

Students are asked to donate any of the following:

- Early Readers (numbers, alphabet, picture books, animals and cardboard books):
- Primary school fiction and non-fiction.
- Basic school supplies.
- Pens, pencils and stationery.
- Atlases and world maps.
- Dictionaries and thesauruses.
- Bibles.
- Education games and wooden puzzles.

PLEASE NOTE WE DO NOT ACCEPT THE FOLLOWING:

- Encyclopaedias older than six years.
- University textbooks.

If you have any questions please speak to Bonnie Duncan.



Manor Lakes Drop In Tuesday's



**12-17
YEARS**

**Every Tuesday during the school term
come hangout at the Youth Space.**

**Time:
3.30pm - 5:30 pm**

**Location:
Manor Lakes Community Learning Centre.**

Eat snacks, play games or just hang out and chat. We sometimes cook, make art and go on End of Term excursions so if you have an idea for a fun activity that we can do, join in and let us know! **For young people aged 12-17 years.**

REGISTER TO JOIN IN ON THE FUN!

Each young person needs to complete a registration form. Please follow this link to register your interest:

www.youthwyndham.com/pgm-reg

For further details call Youth Services on **8734 1355** or email **YouthInWyndham@wyndham.vic.gov.au**

wyndhamcity

Youth
Services



MANOR LAKES COLLEGE ART COMPETITION

**INTERACT CLUB IS INVITING ALL CREATIVE ARTISTS
OF MANOR LAKES TO PARTICIPATE IN AN ART SHOW
AND COMPETITION FOR A CHANCE TO SHOWCASE
THEIR ARTISTIC TALENT!**

**THE THEME FOR YOUR ART IS: PEOPLE, PLACES AND
THINGS IN MANOR LAKES.**

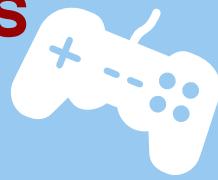
**WE WILL BE DISPLAYING BOTH 2D (ILLUSTRATIONS,
PHOTOGRAPHY AND DIGITAL ARTS) AND 3D ART
(SCULPTURES AND CRAFTS). ARTWORKS MUST BE
SUBMITTED BY THURSDAY THE 17TH OF AUGUST (WE
HAVE EXTENDED FROMT THE PREVIOUS DUE DATE!)**

**PLEASE FILL OUT THE SIGN UP FORM THAT WILL
BE POSTED IN YOUR YEAR LEVEL GOOGLE
CLASSROOMS**

**WE CANT WAIT TO SEE ALL OF YOUR
AMAZING ART!**



CLUBS & EXTRACURRICULAR ACTIVITIES



Monday

LUNCH

• Prayer room	Illawarra 3
• Mock Trial and Moot Competition	Victoria 6
• Harmony Quilt	Eppalock 1
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval
• African Dance	Amadeus hall
• AFL	Oval
• Art Club	Wyara 1

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Melbourne Victory FC Academy	Community oval

Tuesday

LUNCH

• Prayer room	Illawarra 3
• Brain Teaser	Eyre 3
• Newspaper Reading	Eyre 3
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval

AFTER SCHOOL

• Newsletter	Victoria 7
• Study Support 7-10	Victoria 9
• Rugby League Academy	Community oval

Wednesday

BEFORE SCHOOL

• SRC & class captains meeting	Victoria 5
8.30am-9am	Secondary gym
• Basketball	

LUNCH

• Prayer room	Illawarra 3
• Socrates Philosophy Club	Wyara 5
• Public speaking and debating	Victoria 14
• Gaming Club	Eyre 4
• Interact	Victoria 1
• Cricket	Secondary gym
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Beyond the Nile	Victoria 12
• Science Club	Maq labs
• Volleyball	Secondary gym

Thursday

BEFORE SCHOOL

• Student leaders meeting	Victoria 5
8.30am-9am	

LUNCH

• Prayer room	Illawarra 3
• Chess Club	Wyara 5
• Gaming Club	Eyre 4
• Anime Club	Vic port 4
• Karaoke	Amadeus hall
• Street Dance	Amadeus music room
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Model UN	Vic port 7
• Volleyball	Secondary gym
• Rugby League Academy	Community oval

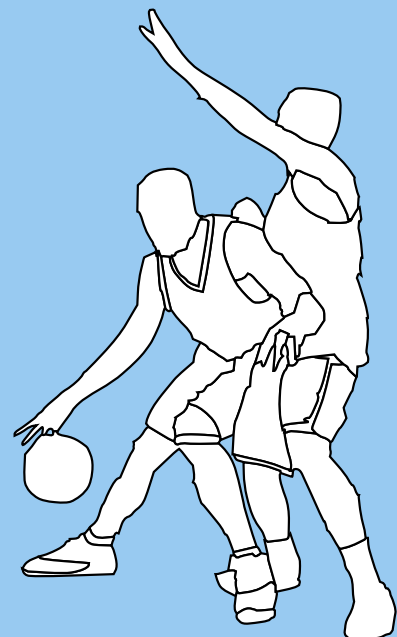
Friday

RECESS

• Badminton	Secondary gym
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LUNCH

• Prayer room	Illawarra 3
• Safe space	Wyara 2
• Lit Lounge	Eyre library
• Cards and Games	Cootabarlow 2
• Dungeons and Dragons	Victoria 5
• Gaming Club	Eyre 4
• Esports	Mackay 5
• Rugby League Academy	Community oval



Words of Wisdom

**“You miss 100 percent of the shots
you don’t take.” — Wayne Gretzky,
Canadian former professional ice
hockey player and coach**



MEME OF THE WEEK

