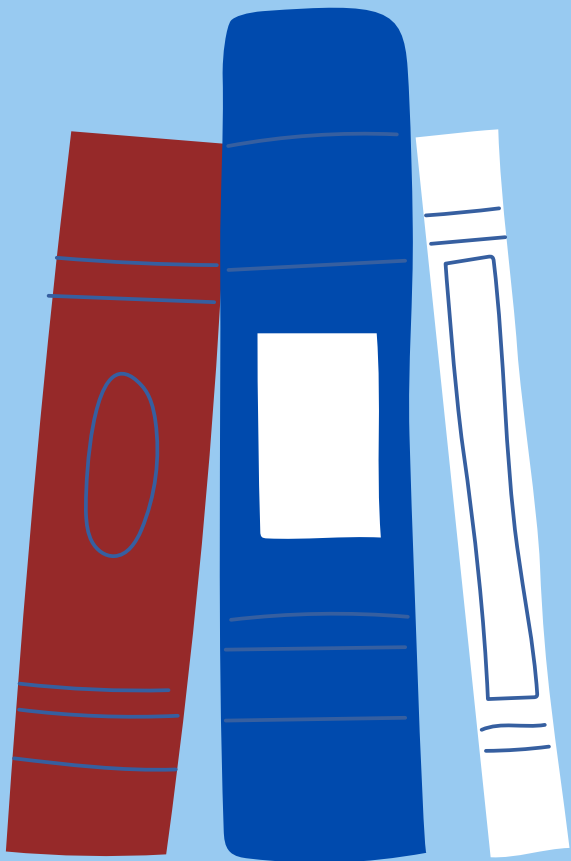




Manor Lakes *p-12 College*

SECONDARY NEWSLETTER



WEEK 10
TERM 3, 2023

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SAVE THE DATE

- **Friday September 15** – Term 3 ends
- **Friday 29 September** – Public holiday – Friday before the AFL Grand Final
- **Sunday October 1** – Daylight Savings starts
- **Monday October 2** – Term 4 starts

THE TEAM

Year 12: Ruby Collins, Anshika Handa

Year 11: Jasmine Low

Year 9: Lillian Hadlow, Maithili Lal, Maddison Goodchild, Pratiti Dixit

Year 8: Thy Vo, Ashlee Phillips, Kyuubi Del Bando, Sahasra Dwarak, Tahlia Varas

Year 7: Charlotte Forrester, Youssef Grira, Arayna Mohindra, Mayur Patel, Imani Berrios, Odessa Portelli-Mcmahon

CONTACT US

Email: secondarynewsletterteam@manorlakesp12.vic.edu.au

- Submit competition answers
- Share good news and story ideas
- Submit student work
- Join our team!



YEAR 7

- Zehra HASAN – Always trying to produce high quality work and ready to do more work.
- Rachel KOELEMAN – Always willing to help staff in need.
- Zoe SINGH – Using class time effectively and created a fantastic response for the Graded Assessment Task.
- Charlottee BAUSSMANN – Always completing all her tasks on time and created a fantastic response for the Graded Assessment Task.
- Pranav SARVA – Completing an outstanding TEEL paragraph for the text response graded task.
- Harsimran SINGH – Working super-hard through the drafting and editing process to produce the TEEL graded paragraph.
- Brilliant ITERITEKA – Improved behaviour and work ethic across Term 3.
- Joshua MUTOMBO – Improved behaviour and work ethic across Term 3.

YEAR 8

- Kevin LE – Always respect the classroom setting and completes all the set tasks during Science.
- Hannah LUDEMAN – Continuing to demonstrate a strong work ethic and actively trying to improve themselves.
- Mohamed SHARIF – Continuing to demonstrate a strong work ethic and actively trying to improve themselves.
- Sifan ABAGARO – Actively trying to improve themselves and attempting activities in English.
- Asma ABDILAH – Actively trying to improve themselves and attempting activities in English.
- Emily Poe Meh MOEEO – Continuing to demonstrate a strong work ethic and actively trying to improve themselves.
- Iswori DAHAL – Continuing to demonstrate a strong work ethic and actively trying to improve themselves.
- John Fritz MOLE – Continuing to demonstrate a strong work ethic and actively trying to improve themselves.

YEAR 9

- Pratiti DIXIT – Continuously using feedback to elevate writing skills in English.
- Nikayla BULL-WARD – Commitment and determination to stay at school despite the challenges she faces while always looking after her younger sibling.
- Hamish NARAIN – Show respect during the teaching time and completes all the set tasks in Science.
- Leontine SUMAILI – Assisting others with their algebra booklet, sharing knowledge and high level of achievement with their own booklet.
- Chalothon NIMKHUNTOD – Always being the first person to offer assistance and first person to help when assistance is sought out.

CONTINUED NEXT PAGE

SHOUTOUTS CONTINUED

- Blessing NYABYENDA – Showing respect towards staff.
- Diebon KIGHOMA MUMBERE – An outstanding attitude in class, speaking up for others when they need support, and demonstrating school values within the classroom.
- Elka LAING – For being an amazing human. (From Bonnie.)

YEAR 10

- Hannah Astrid BAUTISTA – Excellent work pushing yourself to dive deeper into your personal reflection essay.
- Mia FENOLLAR – Consistently striving to improve your work in English. Always taking risks and considering alternative ways of thinking.
- Damien STANDER – Maintaining a strong work ethic and constantly finding ways to improve.
- Daniella CONDON – Maintaining a strong work ethic and constantly finding ways to improve.

YEAR 11 VCE

- Lucas KENDALL – Well done being the head chef in MLC Eats.
- Tanyaradzwa KATIYO – Producing some high quality extended application tasks.

VM 11/12

- Dario MUNOZ JOFRE - Well done is being head chef in MLC Eats.
- Dakota BROWN – Working well in class.

Student Leadership 2024

Unlock your potential and make a lasting impact! Are you ready to take the lead?

We invite all motivated and dedicated students, who will be in Years 10-12 next year, to apply for our exciting student leadership positions.

As a student leader, you'll have the chance to shape the school's future, represent your peers, and develop invaluable skills such as teamwork, communication and problem-solving. Whether you're passionate about student government, community service, or organising events, there's a role for you.

Embrace this opportunity to grow as a leader, make positive changes in our school community, and leave your mark on our campus.

Apply now to embark on your leadership journey. Applications are due by Friday September 29.

Interviews will follow in Week 2 of Term 4.

Apply here: <https://forms.gle/63Ya1gcwPfEzX5Cm8>



YOUTH FEST FUN

Our college's first Youth Fest celebration promised to showcase the talent, creativity, innovation and hard work of our Year 11-12 VCAL-VM students – and it delivered on all fronts.

We were blessed with wonderful weather after school on Thursday (September 14) in the Hume courtyard, where there was some cool DJ tunes, a dance battle, carnival games supporting various causes, awareness displays and a free sausage sizzle.

It was the perfect way to celebrate the end of Term 3.

The event was the culmination of year-long, project-based learning goals across Year 11 and 12. In their Thursday business program class on events management, the students conceptualised the event, developed a proposal that secured a State Government grant, and then organised it themselves.



ASH ROCKS THE VILLAGE SQUARE



Ash Furphy (left) gained an army of new fans while fronting the VET Year 12 band in the Village Square at lunchtime on Wednesday.

On lead vocals and rhythm guitar for the group known as Instability, Ash led the way through a toe-tapping, head-bobbing set that included covers of songs by the Red Hot Chili Peppers, Good Charlotte, Fall Out Boy, Weezer and Muse.

The tunes created great excitement among an appreciative crowd of predominantly primary schoolers, who danced and clapped throughout the concert in the beautiful sunshine.

Ash was well backed by four students from other local schools.



The Indigenous Voice Referendum – An Overview

By Maithili Lal, 9C

As October 14 approaches, Australians are gearing up to cast their votes in a pivotal referendum that could reshape the nation's Constitution. At the heart of this referendum is the question of whether to recognise the First Peoples of Australia and establish a constitutionally enshrined advisory body known as the Aboriginal and Torres Strait Islander Voice. It is a debate of immense significance and complexity, and we aim to provide an impartial overview of the key arguments from both sides.

The Case for "Yes"

- Respect and recognition: Proponents of the "Yes" campaign argue that it is high time for Australia to formally recognise its Indigenous peoples within its foundational document, the Constitution. They emphasise the importance of acknowledging First Nations people as an essential part of the nation's history and identity. Australia, they contend, should join the ranks of other colonised countries that have already taken this step.
- Consultation and policy-making: The "Yes" camp asserts that the current state of Indigenous affairs and policy-making is inadequate and calls for change. They argue that Indigenous Australians should have a say in matters affecting their lives. The proposed Aboriginal and Torres Strait Islander Voice would serve as an advisory body, guiding the government on laws and policies relevant to First Nations people. Advocates claim that this approach would lead to better, more consistent policy-making.
- Enshrined Voice: A key feature of the "Yes" proposal is the establishment of a permanent Voice within the Constitution, which could then only be removed in another referendum.

Continued next page

The Indigenous Voice Referendum – An Overview (continued)

Supporters argue this Voice would offer both symbolic recognition and concrete action through an advisory body.

The Case for “No”

- Unity and opposition: The primary "No" campaign, led by the conservative lobby group Advance and endorsed by figures such as Warren Mundine and Opposition spokesperson for Indigenous Australians, Jacinta Nampijinpa Price (right) – both of whom are Indigenous – emphasises the importance of unity. They argue that while recognition of Indigenous Australians in the Constitution is supported, creating a constitutionally enshrined advisory body is not the right approach. This stance has also found support among the Federal Opposition leaders, Liberal Party leader Peter Dutton and Nationals leader David Littleproud.
- Recognition without enshrinement: Some within the "No" camp, including Peter Dutton, express support for constitutional recognition of Indigenous Australians but oppose the idea of a permanent advisory body. They argue that recognition can be achieved without the need to embed an advisory role within the Constitution.



A Matter of National Significance

The referendum will undoubtedly be a pivotal moment in Australian history. It is a question of how the nation wishes to acknowledge and involve its Indigenous peoples within its constitutional framework. Australians are tasked with the responsibility of making this decision, weighing the arguments put forth by both the "Yes" and "No" campaigns.

As voters, or future voters, it is imperative to consider the long-term implications of this decision for the nation and its Indigenous communities. Whichever way you lean, it is vital to engage in informed discussions, listen to the diverse voices on both sides and exercise your democratic right to vote on this matter of national significance.

BOOK REVIEW

DESTINY'S RIGHT HAND

By Odessa Portelli-Mcmahon

Destiny's Right Hand is a story about help, trust, friendship, determination and reliance on others in times of need.

There is an unexpected ending to this story that leaves the reader full of emotion.

The message of the story is to help people when they need it, because you will find that helping someone else will ultimately help you.

Destiny's Right Hand is beautifully written and is definitely a great read.

THE BLURB

A beautiful shoplifter.

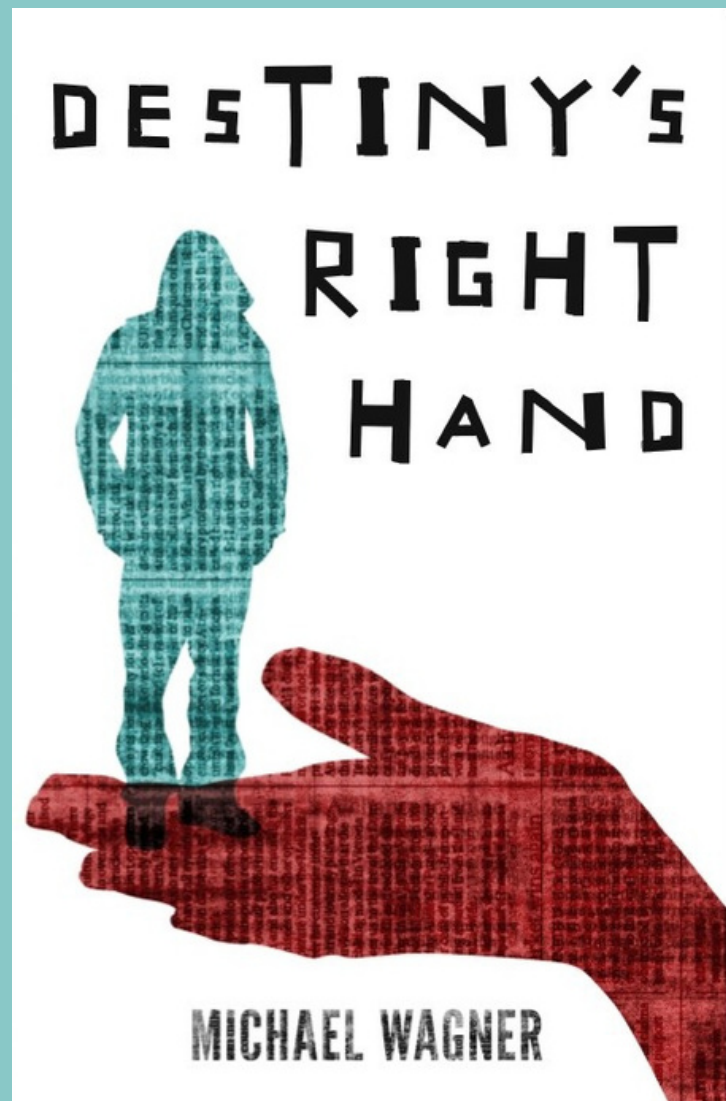
A transplanted hand.

A message that must be delivered.

While stumbling through a harsh world of hopes and expectations, teenage journalist Eddie Innocent meets the stunning but strange Destiny. As they work together to solve a painful mystery, Eddie wonders if he's finally discovered the front-page news story he's been looking for.

Recommendation: This book is for people who like Australian-based fiction stories. It is suitable for readers aged 12+.

Where: It can be found in the school library in the Australian section under WAG (an abbreviation of the surname of author Michael Wagner).



Rating:
4.5/5





RUOK? Day – which encourages people to ask each other, “Are you OK?” – was on Thursday (September 14), so we thought we’d provide some insight into some of the mental health issues that people face.

Mental Health Conditions

According to the American Psychiatric Association, mental illness refers collectively to all diagnosable mental disorders – health conditions involving:

- Significant changes in thinking, emotion and/or behaviour.
- Distress and/or problems functioning in social, work or family activities.

Some Types of Mental Illness

- Depression
- Anxiety
- Panic disorder
- Eating disorders
- Personality disorders
- Post-traumatic stress disorder (PTSD)
- Dissociative disorder
- Obsessive-compulsive disorder (OCD)
- Bipolar disease
- Schizophrenia
- Psychosis



Symptoms

Symptoms of mental illness include: feeling sad or down, confused thinking or reduced ability to concentrate, excessive fears and worries, extreme feelings of guilt, extreme mood changes, withdrawal from friends and activities, significant tiredness, low energy or problems sleeping.

To give yourself the best chance of preventing these symptoms, try to take good care of yourself. Sufficient sleep, healthy eating and regular physical activity are important. Try to maintain a regular schedule. Talk to your primary care provider if you have trouble sleeping or if you have questions about diet and physical activity.

If you feel depressed or anxious, call mental health organisation Beyond Blue on 1300 22 4636 or chat online at <http://www.beyondblue.org.au>.



Wednesday
4th October
2023!

NIBBLES AND
DRINKS WILL
BE PROVIDED

YOU'RE INVITED TO THE.....

VCE

Art + Design Exhibition

4:30pm - 6pm

WHERE IS IT: ART STUDIO — WYARA 8

We hope to see you
there :)

— *Now* —
HIRING!

JOB VACANCIES



JD Sports
Casual Sales Assistant
Melbourne Central

[VIEW JOB HERE](#)



Christmas Casual
Champion
South Wharf

[VIEW JOB HERE](#)



Christmas Casual
Bonds
Altona Gate

You must create an Indeed account [here](#) before continuing to the company website

[VIEW JOB HERE](#)

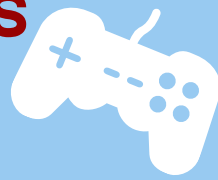


Casual Retail Assistant
The Strand
Melbourne CBD

[VIEW JOB HERE](#)



CLUBS & EXTRACURRICULAR ACTIVITIES



Monday

LUNCH

| | |
|------------------------|----------------|
| • Prayer room | Illawarra 3 |
| • Harmony Quilt | Eppalock 1 |
| • Gaming Club | Eyre 4 |
| • Rugby League Academy | Community oval |
| • African Dance | Amadeus hall |
| • AFL | Oval |
| • Art Club | Wyara 1 |

AFTER SCHOOL

| | |
|--------------------------------|----------------|
| • Study Support 7-10 | Victoria 9 |
| • Melbourne Victory FC Academy | Community oval |

Tuesday

LUNCH

| | |
|------------------------|----------------|
| • Prayer room | Illawarra 3 |
| • Brain Teaser | Eyre 3 |
| • Newspaper Reading | Eyre 3 |
| • Gaming Club | Eyre 4 |
| • Rugby League Academy | Community oval |

AFTER SCHOOL

| | |
|------------------------|----------------|
| • Newsletter | Victoria 7 |
| • Study Support 7-10 | Victoria 9 |
| • Rugby League Academy | Community oval |

Wednesday

BEFORE SCHOOL

| | |
|--|---------------|
| • SRC & class captains meeting 8.30am-9am | Victoria 5 |
| • Basketball | Secondary gym |

LUNCH

| | |
|--------------------------------|----------------|
| • Prayer room | Illawarra 3 |
| • Socrates Philosophy Club | Wyara 5 |
| • Public speaking and debating | Victoria 14 |
| • Gaming Club | Eyre 4 |
| • Interact | Victoria 1 |
| • Cricket | Secondary gym |
| • Rugby League Academy | Community oval |

AFTER SCHOOL

| | |
|----------------------|---------------|
| • Study Support 7-10 | Victoria 9 |
| • Beyond the Nile | Victoria 12 |
| • Science Club | Maq labs |
| • Volleyball | Secondary gym |

Thursday

BEFORE SCHOOL

| | |
|---|------------|
| • Student leaders meeting 8.30am-9am | Victoria 5 |
|---|------------|

LUNCH

| | |
|------------------------|--------------------|
| • Prayer room | Illawarra 3 |
| • Chess Club | Wyara 5 |
| • Gaming Club | Eyre 4 |
| • Anime Club | Vic port 4 |
| • Karaoke | Amadeus hall |
| • Street Dance | Amadeus music room |
| • Rugby League Academy | Community oval |

AFTER SCHOOL

| | |
|------------------------|----------------|
| • Study Support 7-10 | Victoria 9 |
| • Model UN | Vic port 7 |
| • Volleyball | Secondary gym |
| • Rugby League Academy | Community oval |

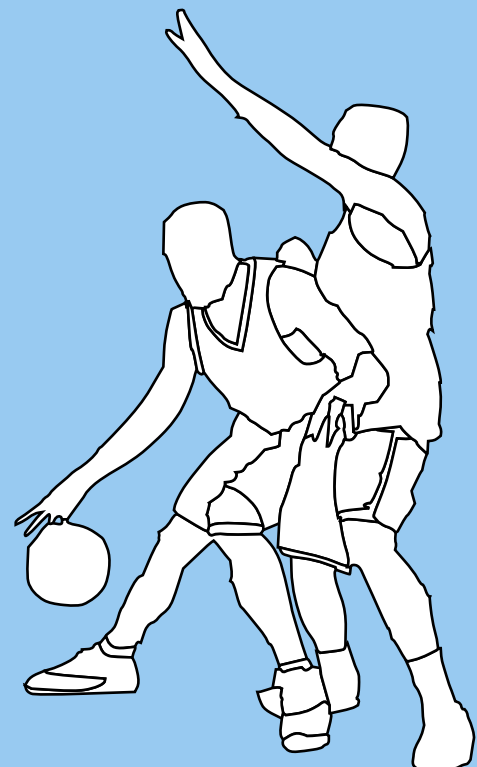
Friday

RECESS

| | |
|-------------|---------------|
| • Badminton | Secondary gym |
|-------------|---------------|

LUNCH

| | |
|------------------------|----------------|
| • Prayer room | Illawarra 3 |
| • Safe space | Wyara 2 |
| • Lit Lounge | Eyre library |
| • Cards and Games | Cootabarlow 2 |
| • Dungeons and Dragons | Victoria 5 |
| • Gaming Club | Eyre 4 |
| • Esports | Mackay 5 |
| • Rugby League Academy | Community oval |



Words of Wisdom

“You are a product of your environment. So choose the environment that will best develop you toward your objective. Analyse your life in terms of its environment. Are the things around you helping you toward success, or are they holding you back?”

– W. Clement Stone, American businessman, philanthropist and *New Thought* self-help book author.



MEME OF THE WEEK

When revision kills you but you haven't got time to die cos you've got too much revision to do

