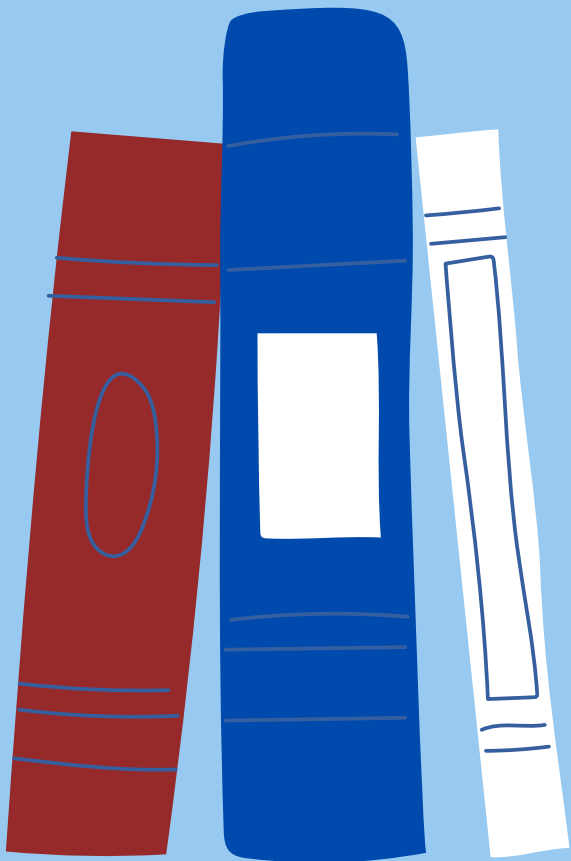




Manor Lakes *p-12 College*

SECONDARY NEWSLETTER



WEEK 2
TERM 3, 2023

INSIDE

1. Shoutouts
2. Shoutouts continued / Tristen Mixes It At State Champs
3. Album Review: Taylor Swift
4. St Kilda – The Beachside Playground
5. Cooking Corner
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7. Long Horse – The Equine Dreamwalker
8. Unsolved Mysteries: Chupacabra
9. Model UN Excursion
10. New Bathroom Policy
11. College Art Competition
12. Clubs & Extracurricular Activities
13. Words of Wisdom / Meme of the Week

SAVE THE DATE

- **Wednesday July 26** – Staff Professional Development Day (Student-free)
- **Friday August 25** – Staff Professional Development Day (Student-free)
- **Friday September 15** – Last day of Term 3

THE TEAM

Year 12: Ruby Collins, Anshika Handa

Year 11: Jasmine Low

Year 9: Lillian Hadlow, Maithili Lal, Maddison Goodchild

Year 8: Thy Vo, Ashlee Phillips, Kyuubi Del Bando, Sahasra Dwarak, Tahlia Varas

Year 7: Charlotte Forrester, Youssef Grira, Arayna Mohindra, Mayur Patel, Imani Berrios

CONTACT US

Email: secondarynewsletterteam@manorlakesp12.vic.edu.au

- Submit competition answers
- Share good news and story ideas
- Submit student work
- Join our team!



YEAR 7

- John TOUTAI – Always collecting the food tubs for lunch and after school clubs while being very respectful.
- Simrat KAUR – Working really hard in Mathematics, asking questions and improving outcomes.
- Savannah BEHRENS – Always respectful towards the teacher, other students and school protocols, and always completes her work well in English class.
- Sanasree NANDAKUMAR – Always aims high with a respectful manner and makes the best use of her learning time to avoid distractions in English class.
- Mihir SONI – Works really well and sets high standards for himself.
- Atman JUNEJA – Uses class time productively and works well with everyone.
- Eesher NAGI – Works hard and contributes to class discussions after careful evaluation of the issues.
- Fynley SHORT – Helped his classmates by distributing equipment in Systems class.

YEAR 8

- Yabsira ABEBE – Leading and organising two classes to play a game of basketball on his own.
- Keerat Kaur SOHAL – Always respectful to teacher and other students and works her best in Math class.
- Sahasra DWARAK – Always respectful to teacher and other students and works her best in Math class.
- Nate RUSSELL – Contributing to class discussions and completing work to a high standard in English.
- Chase GRIFFIN – Contributing to great classroom discussions and showing respect to all.
- Kianu POA – Showing a positive attitude to learning in Humanities.

YEAR 9

- Elita BERISHA – Excellent job taking the time to craft a strong introduction for her essay. It is evident she is very confident with the context of the film.
- Ali Nawid ABDULLAHI – Exceptional focus and effort completing comparative research on two societies.
- Tomasi ALAELUA – Consistently applying himself in Humanities to his learning and completing the lesson tasks to a high standard.
- Lea KAZOBA – Consistently applying herself to her learning in Humanities and completing the lesson tasks to a high standard.

CONTINUED NEXT PAGE

YEAR 10

- Kytel PAUL – Having a positive attitude toward English class to start Term 3.
- Eliya MAKORO – Showing interest in his educational pathway.
- Darlyton DARR – Placing his phone on the teacher's desk every lesson to avoid distraction.

YEAR 11 VCE

- Madeline MENOR – Quietly but diligently doing her work.
- Ryan BOND – Conscientiously working on tasks at hand.
- Robert BRABENDER – Making a conscientious effort to improve in targeted areas.
- Manraj SINGH – Respectful towards self and others. His quiet and calm presence in class is appreciated.

YEAR 12 VCE

- Amir CHOL – Showing leadership skills and handling difficult situations well.
- Amy FRANCIS – 100% attendance.
- Akshpreet KAUR – 100% attendance.
- Kenil PATEL – 100% attendance.

VM 11/12

- Joseph TOALEPAI – Great job keeping on top of the beginning of unit 2 course work.
- Jordan KNIGHT – Helping the MLC Eats business in selling macadamia nut truffles at the Koorie Cup rugby game in NAIDOC Week.
- David TUARIKI – Doing a great job asking survey questions within his community.
- Jordan MANUOPO – Doing a great job asking survey questions within his community.

TRISTAN MIXES IT AT STATE CHAMPS



Year 11 student Tristan Berto performed admirably in the recent state cross country championships.

In a field of 90, Tristan finished a creditable 38th in the 17-20 age group.

He ran 5km in 19 minutes and 11 seconds – under four minutes per kilometre – a terrific effort.



Speaking Now

about Taylor's new album

By Ruby Collins

"Swifties" (Taylor Swift fans) were once again transported to the enchanted realm of fairytales, teenage love and heartbreak, and wishes to never grow up, in her re-recording of her third album, *Speak Now*.

Taylor wrote all of the *Speak Now* tracks between 2008 – when she was on her 'Fearless' tour – and 2010. The album is an emotional rollercoaster of heart-wrenching ballads, pop-rock tracks to scream along to, uplifting songs and typical love songs that make your heart melt. In the re-recorded *Speak Now* (known as Taylor's version) an extra six songs were released which did not appear on the 2010 album, and are known as tracks "from the vault".

Although the majority of the lyrics stayed the same for Taylor's version, the re-recorded tracks had a different feel to them. Taylor's voice has matured and developed so much over the past 13 years, and so has her perspective on heartbreak. If you compare the original songs to the re-recorded ones and listen closely, Taylor is less resentful in her voice towards the men who broke her heart, and instead she sounds as though she has accepted those heartbreaks and moved on.

Her fans were shocked when they listened to *Better Than Revenge* (Taylor's Version) and heard that the lyrics had changed from "she's better known for the things that she does on the mattress" to "he was the moth to the flame, she was holding the matches". This lyric change may not seem like a big deal, but it represents Taylor's more mature outlook on not shaming women, even if they steal your boyfriend. The lyric change was a wise choice by Taylor, although some fans have taken their annoyance to TikTok by voicing that they will continue to listen to the 2010 version to hear the original lyrics.

Speak Now (Taylor's Version) was released on July 7th, just in time for "July 9th", which is a lyric in *Last Kiss*. The gut-wrenching song is one of my personal favourites. It describes the rawness and vulnerability after a first heartbreak. But you don't need to be heartbroken to feel the pain of this song. The lyrics that hit me the most are, "I'll watch your life in pictures like I used to watch you sleep. And I'll feel you forget me like I used to feel you breathe".

I was really surprised by the six "vault" tracks. They were not what I was expecting, especially her collaboration with Fall Out Boy in the pop-rock song *Electric Touch*. But my favourite vault track is *I Can See You*, one of her few "spicy" songs. It describes a secret attraction to a person in her daily life, possibly someone at school or a co-worker. Taylor impressed her fans by releasing *Foolish One* with very relatable lyrics about a "situationship" and crushing on someone who doesn't feel the same way about you.

I wish I could talk more about this album. If you want to hear more of my thoughts of *Speak Now* (Taylor's Version) or you would like to share your thoughts with me, feel free to email me or approach me at school.

ST KILDA – THE BEACHSIDE PLAYGROUND

By Charlotte Forrester, 7M

Ahh, St Kilda. One of the prettiest coastal suburbs in Victoria. Home to Luna Park, it is pretty well known and a lot of people recognise the name due to its popularity. Luna Park isn't the only popular sight at St Kilda, as the beach is absolutely stunning. It wouldn't be very wise to relax at the beaches at the moment though, as it is very cold and you would probably freeze! Anyway, here are some of St Kilda's stunning sights. Enjoy!



Luna Park (left) and the Palais Theatre (right) are popular attractions in St Kilda.

As popular Luna Park is, there are many other stunning sights in St Kilda, such as the Palais Theatre. Built in 1927, the Palais is one of the best-known theatres in Victoria as it has a rich history. There is more to look at in St Kilda other than just the parks and theatres – there are also the lovely coastal areas of St Kilda. On hot summer days, you'll find lots of ice cream stalls near the beach as there are lots of sweaty people that just need a nice cold ice cream to really cool themselves down.

St Kilda is very well known for its famous theme park, Luna Park. Since opening on December 13, 1912, it has become one of the best theme parks in Victoria (and the oldest), along with being a much-loved destination for Victorians and visitors. The park was founded and developed by American entrepreneur JD Williams, along with the Phillips brothers. Due to WW1, Luna Park was closed for almost 10 years straight! It reopened in 1923 with new and improved attractions for everyone.



I believe St Kilda is one of the prettiest Victorian coastal/urban areas I've been to. My personal experiences with Luna Park, the Palais Theatre and other lovely places in St Kilda have never been negative – they are always very positive, because St Kilda is just a very nice and positive place. On the topic of Luna Park, my favourite rides would have to be the Scenic Railway and the Enterprise. Here's a fun fact: the Scenic Railway is the oldest attraction at the park at more than 100 years old.



COOKING CORNER

with Anshika Handa



Samosa

Ingredients

Dough:

100 gm	Flour
	Salt
20 gm	Butter or ghee
60-65 ml	Water

Filling:

30 gm	Onion, diced
2 gm	Ginger, grated
1 clove	Garlic, crushed
15 gm	Clarified butter
100 gm	Minced lamb
	Turmeric, ground
	Cumin seeds, ground
	Coriander, ground
	Garam masala
60 gm	Potato, diced and cooked
30 gm	Peas, blanched



My attempt.

Method

- Make dough by rubbing flour butter and salt together until there are no visible lumps of butter.
- Add the water and quickly combine to a smooth dough. Cover and refrigerate for at least 30 minutes.
- For the filling – sweat onions, garlic and ginger, add spices and briefly sweat to develop a nice flavour.
- Add the minced lamb and 100 ml of water, cook for 10 minutes, add the potatoes and peas, heat through and adjust the seasoning if required. The filling should be of a dry consistency.
- Allow to cool.
- Roll the dough to a 3mm thickness and cut to the desired shape/size. Fill and seal the edges. Cook in the deep fryer and drain on absorbent paper before serving.

Cucumber Raita

Ingredients

1/5	Cucumber, grated
¼ Tsp	Ground cumin
125 mls	Greek yoghurt
1/4	Garlic clove, pasted
1 Tbsp	Fresh coriander, chopped
Pinch	Cayenne or paprika to garnish

Method

- Squeeze excess moisture from grated cucumber.
- Combine all ingredients, serve with samosa, sprinkle raita with cayenne/paprika.

MY PERSONAL TIP:

This recipe is one of my favourites – not just to cook but to eat as well. However, the recipe is time-consuming, and if you are deciding whether to try this recipe then I suggest setting aside enough time. Although the dough and filling separately are not too difficult to cook, I found the shaping of the samosa was the most difficult part. I recommend using a little water on the edges of the dough so it sticks together well and becomes easier to fill. Furthermore, the samosas are well matched with the cucumber raita.

A PROFOUND EXPLORATION OF LOVE AND RESILIENCE

By Maithili Lal, 9C

Colleen Hoover's *It Ends With Us* is a remarkable and emotionally-charged novel that delves deep into the complexities of love, the power of forgiveness, and the indomitable strength of the human spirit. With its raw and poignant narrative, this book captivates readers from the very first page and leaves an indelible mark on their hearts.

The story follows the life of Lily Bloom, a young woman who has faced her fair share of challenges and heartbreak. As she navigates the complexities of relationships, she finds herself torn between her first love, Atlas Corrigan, and the charismatic and successful neurosurgeon Ryle Kincaid. Hoover skilfully weaves together their individual stories, intertwining past and present, to create a rich tapestry of emotions that is as beautiful as it is heart-wrenching.

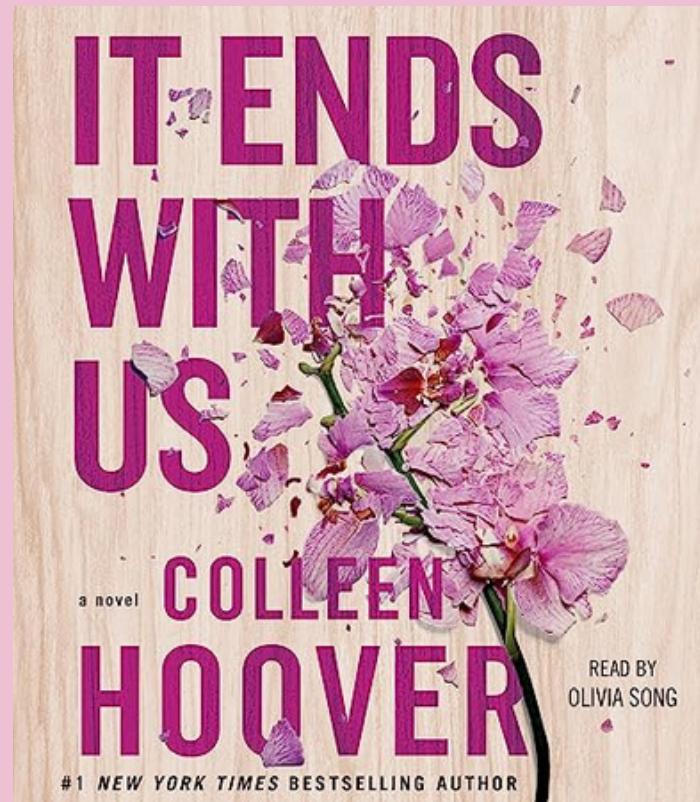
What sets *It Ends With Us* apart from other contemporary romance novels is its unflinching portrayal of difficult and sensitive topics. Hoover fearlessly explores themes of domestic violence, personal growth, and the cycle of abuse, offering a thought-provoking and poignant examination of these issues. She challenges societal expectations and norms, inviting readers to question their own beliefs and biases while shedding light on the complexity of human relationships.

The characters are beautifully crafted, with their flaws, fears, and dreams laid bare. Lily, in particular, is a remarkable protagonist, whose strength and determination make her an incredibly relatable and inspiring character. Her internal struggles, her growth, and her ultimate choices resonate with readers on a profound level. The supporting cast, including Atlas and Ryle, are equally well-developed, adding depth and complexity to the narrative.

Colleen Hoover's writing style is captivating and evocative, effortlessly drawing readers into the world she has created. The story unfolds with a perfect blend of tenderness, heartache, and hope, keeping readers emotionally invested until the very last page. Hoover's ability to evoke such strong emotions through her words is a testament to her skill as a storyteller.

It Ends With Us is more than just a love story; it is a powerful exploration of human resilience and the courage it takes to break the cycle of abuse. Hoover handles sensitive topics with grace and compassion, offering a nuanced perspective that encourages empathy and understanding. The book showcases the author's ability to tackle difficult subjects with sensitivity while maintaining an engaging and compelling narrative.

In conclusion, *It Ends With Us* is an extraordinary and unforgettable novel that will leave readers deeply moved and introspective. It's a must-read for fans of fiction and anyone who appreciates a deeply emotional and impactful story.



Rating:

★★★★★ (5/5)

LONG HORSE - THE EQUINE DREAMWALKER



By Charlotte Forrester, 7M

The creature known as "Long Horse" is very well known across the internet due to its creepy, slender, boney design and its extremely interesting lore. Long Horse is one of my favourite internet phenomenons. Here, I will talk about the creation of this creature and its origins.

First, let's focus on Long Horse's appearance. Along with being boney and skinny, he doesn't have any skin, barely has any of his mane left, has no legs nor arms, only a spine that seemingly lasts infinitely. He also smells like cinnamon.

Now that we have his appearance covered, let's talk about the background of this creature. Trevor Henderson, a Canadian horror artist known for his creepy creatures, had posted an illustration of Long Horse in August 2018. He mentioned that he had dreamed of the horse, and decided to illustrate him. Sometime after that first illustration, the horse got his name, Long Horse.

Afterwards Trevor posted another illustration of Long Horse, which seemed like he was slithering through a suburb of some sort (pictured above). There was also another image, which revealed that Long Horse is a very ancient creature that had been around even before the birth of Christ.

Now, let's get into Long Horse lore. He can allegedly teleport from place to place, enter other people's dreams, pierce through and weave reality, and has many more undiscovered powers. He is also suspected to have another form than merely a skeleton horse, which would make him a shapeshifter.

Trevor Henderson himself has told fans that if you see this creature, it is an indication that misfortune or disaster is about to strike you at any moment, and that it is best that you move away from that spot.

"He doesn't have a body that we could see, it's always just more neck, even when it breaks the laws of physics, like an optical illusion," Trevor said. "If he has a true body, it's in a form we can't really picture and not in our dimension. Maybe at the culminating point in the centre of where many dimensional layers meet, like a nucleus with the neck and head projecting out."

It is also suspected by many that Long Horse is a fallen angel, or just an angel, sent by God.

But that's about it for this deep dive. It'd be fun to do more of these but it kind of depends how much people like this type of content. I myself absolutely love Trevor Henderson's work, and would love to have the opportunity to write more about it.

UNSOLVED MYSTERIES

CHUPACABRA



By Youssef Grira, 7G

"Chupacabra" is Spanish slang for "goat-sucker". It's depicted as almost vampire-like with its powerful jaws and gnarly teeth. Chupacabras are known to drink goat blood, hence its name.

It's also known as a "folktale", stretching back to the late 1970's-80's, which is surprisingly recent compared to other legends. Also surprising is that the beast's appearance is basically agreed upon, except for one feature: its eye colour. Different people argue that its blue or red.



Now let's try to provide a logical explanation for this anomaly. Despite it being a folktale, many people have theories that consider the chupacabra to be a genuine animal. Why do these people think that? Well, its simple: hybrids. I covered this part of breeding in an earlier article titled Supernatural, but to save you time I'll give you a rough explanation.

Hybrids are produced when you breed different species from the same family. For example, breeding a tiger and a lion will create a liger. That's the premise, and they are very real.

So what species created the hybrid to make a chupacabra, you may ask. Well, my take is that it's the result of breeding a dog and a hyena. This might sound weird since a hyena would devour a dog in a natural setting, but what about a lab setting?

Now, you might be thinking, "What sick person would do such a thing?" Well, put it this way: if someone in a lab can spend years mixing different dog breeds to produce a really cute dog, it's easy to imagine someone trying to make a different dog breed with hyenas, seeing they're quite similar.

I believe that through trial and error, the Chupacabra was created. I think it was the result of a failed experiment due to its lack of fur and overall unsettling look. But if it was in some super high-tech lab, how would it end up in Mexico? Maybe a ship from an "unidentified" country crashed near Mexico's waters a few years before the legend started, and the beast escaped. Alas, the chupacabra stays a bit of a mystery.

UK / Madagascar / Brazil
Italy / Vanuatu / Uruguay

MODEL UN EXCURSION

Tuesday August 8, 2023



Madagascar

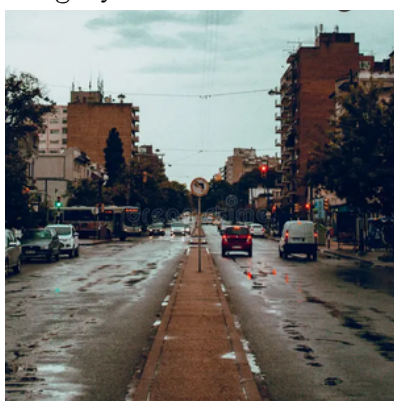


Brazil



Vanuatu

Uruguay



ZERO HUNGER

The number of people going hungry and suffering from food insecurity gradually rose between 2014 and the onset of the 2019 pandemic. Countries around the world have put in place a Zero Hunger goal to achieve.



United Kingdom

COUNTRIES

We will have 6 teams, one for each country. The teams will comprise:

- 4 people for United Kingdom.
- 4 people for Madagascar.
- 3 people for Italy.
- 3 people for Uruguay.
- 3 people for Brazil.
- 3 people for Vanuatu.

These teams will debate what Zero Hunger is in their country and how they plan to achieve this goal as a country.

MODEL UN PROGRAM

The Model UN (United Nations) program aims to:

- ① Increase knowledge and understanding of the United Nations and its Member States.
- ② Deepen awareness and understanding of humanitarian and other key global issues.
- ③ Promote a global outlook, tolerance and respect for diversity and differences of opinion.
- ④ Foster a greater interest in international affairs.
- ⑤ Highlight the importance of dialogue, diplomacy, negotiation, collaboration and empathy for conflict resolution and
- ⑥ Encourage active citizenship (Think Globally, Act Locally)

Italy



OUR EXCURSION

Bacchus Marsh College, 73 Grant St, Maddingley, VIC 3340
Tuesday August 8
Registration - 8.30-9.00am
Ends at 3.00pm
Bring your own snack, lunch and drink bottles.

*We are looking for more members from Year 9-12. If you are interested, please email had0006@manorlakesp12.vic.edu.au.

NEW BATHROOM POLICY



By Jasmine Low, 11C

The Year 11 Economics class has come up with a new bathroom system for the school to work more efficiently and monitor where the underlying problem of the bathroom state is coming from.

The state of the toilets recently has been horrendous with broken walls, clogged toilets, and graffiti all over the walls and this is simply unacceptable.

The class will come to your assembly to talk about the new policy and inform you about where you will be allocated (Eyre, Eppalock or Victoria) and the reason why they're doing this. You will also see examples of the way our bathrooms are currently being treated.

They will also talk about rewards for keeping the bathroom clean and being respectful with your area. The rewards could include events like a movie night, sausage sizzle, or whatever ends up being voted for, as well as a guaranteed casual clothes day (with a gold coin donation).

The reason that the Year 11 Economic students have pushed for this new policy is because we're all tired of seeing our school and bathroom in a horrible state and we want to be able to do simple things like go to the bathroom, and it's frustrating not being allowed to simply because of the way it's being mistreated by others.



MANOR LAKES COLLEGE ART COMPETITION

**INTERACT CLUB IS INVITING ALL CREATIVE ARTISTS
OF MANOR LAKES TO PARTICIPATE IN AN ART SHOW
AND COMPETITION FOR A CHANCE TO SHOWCASE
THEIR ARTISTIC TALENT!**

**THE THEME FOR YOUR ART IS: PEOPLE, PLACES AND
THINGS IN MANOR LAKES.**

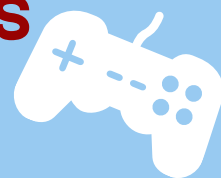
**WE WILL BE DISPLAYING BOTH 2D (ILLUSTRATIONS,
PHOTOGRAPHY AND DIGITAL ARTS) AND 3D ART
(SCULPTURES AND CRAFTS). ARTWORKS MUST BE
SUBMITTED BY THURSDAY THE 27TH OF JULY.**

**PLEASE FILL OUT THE SIGN UP FORM THAT WILL
BE POSTED IN YOUR YEAR LEVEL GOOGLE
CLASSROOMS**

**WE CANT WAIT TO SEE ALL OF YOUR
AMAZING ART!**



CLUBS & EXTRACURRICULAR ACTIVITIES



Monday

LUNCH

• Prayer room	Illawarra 3
• Mock Trial and Moot Competition	Victoria 6
• Harmony Quilt	Eppalock 1
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval
• African Dance	Amadeus hall
• AFL	Oval
• Art Club	Wyara 1

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Melbourne Victory FC Academy	Community oval

Tuesday

LUNCH

• Prayer room	Illawarra 3
• Brain Teaser	Eyre 3
• Newspaper Reading	Eyre 3
• Gaming Club	Eyre 4
• Rugby League Academy	Community oval

AFTER SCHOOL

• Newsletter	Victoria 7
• Study Support 7-10	Victoria 9
• Rugby League Academy	Community oval

Wednesday

BEFORE SCHOOL

• SRC & class captains meeting	Victoria 5
8.30am-9am	Secondary gym
• Basketball	

LUNCH

• Prayer room	Illawarra 3
• Socrates Philosophy Club	Wyara 5
• Public speaking and debating	Victoria 14
• Gaming Club	Eyre 4
• Interact	Victoria 1
• Cricket	Secondary gym
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Beyond the Nile	Victoria 12
• Science Club	Maq labs
• Volleyball	Secondary gym

Thursday

BEFORE SCHOOL

• Student leaders meeting	Victoria 5
8.30am-9am	

LUNCH

• Prayer room	Illawarra 3
• Chess Club	Wyara 5
• Gaming Club	Eyre 4
• Anime Club	Vic port 4
• Karaoke	Amadeus hall
• Street Dance	Amadeus music room
• Rugby League Academy	Community oval

AFTER SCHOOL

• Study Support 7-10	Victoria 9
• Model UN	Vic port 7
• Volleyball	Secondary gym
• Rugby League Academy	Community oval

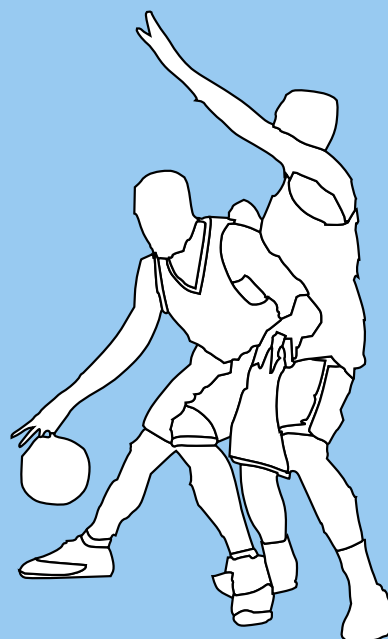
Friday

RECESS

• Badminton	Secondary gym
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LUNCH

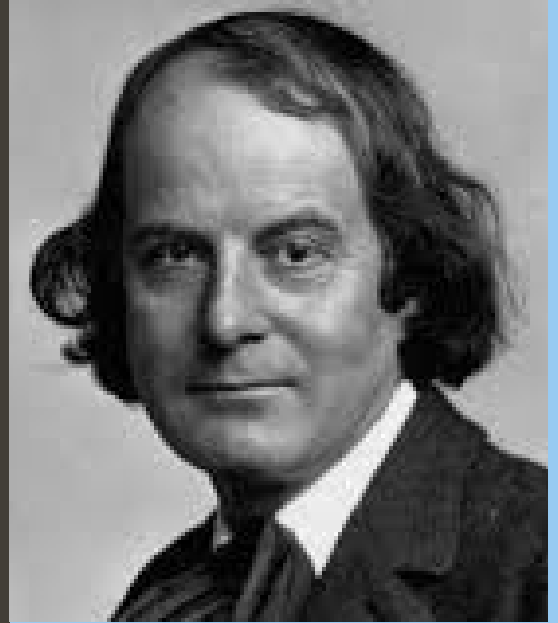
• Prayer room	Illawarra 3
• Safe space	Wyara 2
• Lit Lounge	Eyre library
• Cards and Games	Cootabarlow 2
• Dungeons and Dragons	Victoria 5
• Gaming Club	Eyre 4
• Esports	Mackay 5
• Rugby League Academy	Community oval



Words of Wisdom

"The greatest mistake you can make is to be continually fearing that you'll make one."

– Elbert Hubbard, American writer, publisher, artist and philosopher.



MEME OF THE WEEK

WHEN YOU REMIND THE TEACHER ABOUT THE ASSIGNMENT

