

MANOR LAKES PRIMARY LUNCH ORDER MENU 2023

Hot Items

Lasagne <i>E</i>	\$4.50
Macaroni & Cheese <i>E V</i>	\$4.50
Chicken Burger with Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Manor Lakes Beef Burger ^{-Lett, Tom, Cheese & Special Sauce}	\$6.00
Sweet Chili Chicken Strip Roll	\$5.00
Oven Bake Chicken Nuggets (Breast)	3for \$3.30
Dim Sims (Steamed)	\$1.30
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.40
Sausage Roll	\$3.60
Skinless Hot Dog	\$4.00
Hash Brown (Oven Bake) <i>V</i>	\$1.50
Corn [⊙] <i>V</i>	\$1.50
Nacho-with Salsa & Cheese <i>E V</i>	\$4.00
Pastizzi-Cheese	\$1.40
Dino Chicken Snack	3for \$3.30
Falafel Bites <i>GF Vegan E</i>	3for \$3.00

Halal

Halal Hot Dog	\$4.00
Halal Pie	\$5.00
Lasagne <i>E</i>	\$4.50
Mac & Cheese <i>V E</i>	\$4.50
Corn <i>V</i>	\$1.50
Falafel Bites <i>GF Vegan E</i>	3for \$3.00
Vegetable Pastie <i>V</i>	\$4.00
Chicken Burger with Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Manor Lakes Beef Burger ^{-Lett, Tom, Cheese & Special Sauce}	\$6.00
Oven Bake Chicken Nuggets (Breast)	3for\$3.30

Ice Creams

Zooper Dooper	\$1.00
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Drinks

300ml Fresh Juice (Orange, Apple)	\$3.00
600ml Water <i>E</i>	\$3.00
300ml (Chocolate, Strawberry)	\$3.20

Salad Bowls

Fruit Salad <i>E V</i>	\$3.50
Garden Salad Bowl-Lettuce, Tomato, Cucumber, Beet, Carrot,	\$4.00

Sandwiches (Fresh or Toasted)

Salad <i>E V</i>	\$4.00
Ham <i>E</i>	\$3.00
Cheese <i>E</i>	\$3.00
Ham & Cheese <i>E</i>	\$3.20
HCT (Ham, Cheese & Tomato) <i>E</i>	\$3.70
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$3.70
Chicken with Lettuce & Mayo <i>E</i>	\$4.70
Tuna with Lettuce & Mayo <i>E</i>	\$4.70
Vegemite & Cheese <i>E</i>	\$3.00
Egg with Lettuce & Mayo <i>E</i>	\$4.20

Gluten Free Sandwiches Available add 30c

Rolls

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Wraps

Salad <i>E V</i>	\$4.50
Ham <i>E</i>	\$3.50
Ham & Cheese <i>E</i>	\$3.70
HCT (Ham, Cheese & Tomato) <i>E</i>	\$4.20
HLT (Ham, Lettuce & Tomato) <i>E</i>	\$4.20
Chicken with Lettuce & Mayo <i>E</i>	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
BBQ Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo <i>E</i>	\$5.20
Vegemite & Cheese <i>E</i>	\$3.50
Egg with Lettuce & Mayo <i>E</i>	\$4.70

Snacks

Large Cookie	\$3.00
Popcorn (BBQ, Sweet & Salty, Salty) <i>V</i>	\$2.00
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	

E = Healthy Option *V* =Vegetarian Option *GF* =Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c
Brown Paper Bag 12c

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THE CANTEEN



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