



Up to date information on career news and events

# WEEKLY CAREER NEWS

Wednesday 24 February 2021

## Free careers program

### Are you keen to explore your career options?

Being able to manage your career development is an important attribute to have and one that you will work on continuously throughout your life.

This involves:

- being resourceful – speaking to family members and friends about your goals and passions and getting feedback about your strengths and personality
- meeting with your career adviser to explore your options and to get tools and resources
- analysing and mapping your values, skills, strengths, passions, favourite subjects, hobbies and interests
- actively researching your areas of interest, setting goals and developing/updating action plans

This can feel a bit overwhelming – where do you start? When do you start? Who should you speak to first?

Sometimes it can feel like everyone around you knows what they want to do when they leave school and this can feel isolating, but don't worry.

**The important thing to know is that you just have to start somewhere.**

There are many career websites and programs you can explore. One that you may enjoy doing is the Get Ready to Reset program.

This has been developed by SkillsRoad – the best thing about the program is that you can choose which activities to do. There are 6 categories:

### Get your head right

- 6 tips to get your life back on track
- 5 ways to deal with negative thoughts
- How to become resilient
- What to do when your motivation is gone

### Discover your options

- A day in the life of...
- Discover your skills and strengths
- Get to know how work ready you are
- Explore careers and your study pathways

### Make a plan

- How to make good decisions
- How to create goals and keep focused on them
- Why creativity can make your life better
- How to stop procrastinating



### Personal Branding

- How to develop your skills and get work experience
- How to write your first resumé
- What's a good cover letter?
- Manners for chatting on the phone/zoom



### Career Progression

- How to deal with conflict productively
- Five ways to deal with negative thoughts
- How to be fearless at work (and life!)
- Are you future ready? Build the right skills

To access the program, visit [www.skillsroad.com.au/ready-to-reset](http://www.skillsroad.com.au/ready-to-reset)

Share the work you complete with your family and your career adviser – they will be able to assist you, give you feedback and also encouragement. Have fun!

## Explore university options early

### 2020 Open Day Webinars

Each year universities run open days – usually in August and September. For students who are keen to explore university courses, this can seem like a long time away.

Thankfully, several universities recorded their open day information sessions from last year and you can watch them from the comfort of your home.

Just click on the links below and search the courses or the study areas you are interested in.

University of Melbourne, <https://bit.ly/3qHUrHE>  
Deakin University, <https://bit.ly/33icNpW>  
Monash University, <http://bit.ly/386QjH8>  
La Trobe University, <http://bit.ly/3chXyPA>  
Swinburne University, <http://bit.ly/2ImxYvr>  
Victoria University, <https://bit.ly/3jsX63U>  
Federation University, <https://bit.ly/31bhBul>

It's important to note that information from the 2020 open days are only relevant for the 2021 intake and course information may change for the 2022 intake.

### Recorded webinars based on interest areas

Careers Event has collected recorded webinars from various universities and has grouped them in areas of interest such as health, IT, creative arts, science, teaching etc.,  
[www.careersevent.com/seminar](http://www.careersevent.com/seminar)



### The Good Universities Guide

The Good Universities Guide has released ratings and rankings of Australian university undergraduate courses. You can compare ratings from categories such as:

- Graduate salary
- Full time employment
- Student demand
- Student: teacher ratio
- Skills development
- Learner engagement
- Overall experience
- Student support
- Teaching quality

To access the ratings and compare results between universities, visit <https://bit.ly/2RSvAST>

## Careers in Insurance

### Have you considered a career in insurance?

As one of the biggest, most diverse industries in the world, insurance has more roles than you'd imagine – including ones that are perfect for you. Love numbers? You're needed. Love people? Insurance has roles for you. Analytical? A big thinker? A problem solver?

Whatever you are, insurance has a job with your name on it. To learn about where a career in insurance can take you, check out the website 'Careers in Insurance' at this link - <http://careersininsurance.com.au/>



## Save the date!

### Year 13 Career Expo

The Year13 Expo is officially back in May 2021! Youth from across Australia will come together over three days during National Careers Week (May 17 - 19) to discover what their post-school options are.

### What is the Expo?

The Year13 Expo is an online careers event that allows youth and parents to engage directly with education, employment and travel providers from across Australia.

The Expo will also be hosting webinars and workshops from an exciting range of speakers including professional athletes and tech CEO's.

This is an event not to be missed. Information will be released closer to the event.

### What information can I access before the Expo?

To explore the amazing resources on the Year 13 website, visit and bookmark the following website <https://year13.com.au/>



## Upcoming Career Events

### Victoria Police Careers

To find out about upcoming career information sessions, bookmark this link [www.police.vic.gov.au/police-information-sessions](http://www.police.vic.gov.au/police-information-sessions)

### Australian Defence Force

To find out about upcoming career information sessions, bookmark this link [www.defencejobs.gov.au/events](http://www.defencejobs.gov.au/events)



### Careers in the maritime industry

Career Education Association of Victorian (CEAV) and Offshore and Specialist Ships Australia (OSSA) are hosting an exciting online information session about careers in the Maritime Industry.

Students will get to hear from OSSA staff and members currently employed in the industry and will learn about the huge variety of occupations, potential pathways, career stories and more!

**Date:** Thursday 25 March, 11.30am

**Information & RSVP:** please see your Career Adviser for the link to register your place.

### Victoria University

Victoria University is running the following online information sessions for prospective students in March:

16	Early Childhood Education
17	Law, Criminology, Legal Services
18	Creative Arts, Screen Media, Animation
23	Building Design, Building Surveying, Construction Management, Engineering
24	Biomedical Science, Health Science
25	Primary and Secondary Teaching
30	Community Development, Social Work, Youth Work, Criminal Justice
31	Information Technology, Cyber Security

For information and to register for sessions, go to <https://study.vu.edu.au/ug-webinar-series>

Did you know that students at Victoria University study their subjects consecutively and not concurrently? This is called the VU Block Model – students basically study one subject at a time. To learn about this unique way of learning and teaching, visit <http://bit.ly/39oxOj0>

## Careers With STEM

### STEM is transforming Indigenous communities

From health to environmental science, be inspired by the next-gen of Indigenous innovators and their game-changing visions and projects.

<http://bit.ly/37HjZx7>

### Top 5 in-demand skills in Australia

Did you know that Australia needs 6.5 million additional workers with digital skills by 2025? This article written by Louise Meers showcases the following top 5 in-demand skills:

1. Large-scale data modelling
2. Software operations support
3. Web/software/game development
4. Cloud architecture
5. Cyber security/cyber forensics

<http://bit.ly/3aLRoZG>



## Take a STEM quiz

Louise Meers from Careers With STEM has developed fun quizzes to help you explore your career options.

### Are you an actuary or an accountant?

"If you're thinking about maths study and career paths, you'll know there are so many interesting and challenging jobs out there. Two of these are actuarial science and accounting. Both deal with numbers, but in very different ways. Which one are you most suited to? Take our quiz to find out if you are an actuary or accountant!"

<http://bit.ly/3byYQ9l>

### Should I study computer science?

"Computer science, which is the study of computers and computational systems, has computer scientists working mainly with software and software systems in areas of development, design, application and theory. It's a great degree if you're looking to future proof your career, as computer scientists are in demand in SO many industries – tech, biology, defence, design, finance, cybersecurity... These clever peeps can work just about anywhere!"

<http://bit.ly/3aM9BGI>

## Apprenticeships



### 4 steps to finding an apprenticeship or traineeship

Australian Apprenticeships Pathways has developed a fantastic 4-step process for students to follow when seeking an apprenticeship or traineeship, <http://bit.ly/39yUYmQ>

### Australian Apprenticeships Pathways (AAP)

This website contains fantastic resources for young people interested in pursuing a professional trade or traineeship. Some of the resources include:

- Job and training descriptions
- Career interest explorer
- Job pathway charts
- Information on apprenticeships and school-based apprenticeships
- Literacy and numeracy quizzes for different industries such as carpentry, plumbing, electrical, and hairdressing.

To explore the website, go to [www.aapathways.com.au/students](http://www.aapathways.com.au/students)

## Calling all entrepreneurs!

Project Z have released an e-book for young people called Launchpad. It's for young entrepreneurs who would like to start their own business now or in the future. For information visit <https://bit.ly/2YUIZxy>

## ACN Nursing and Health Expo

The Australian College of Nursing (ACN) is hosting a virtual Nursing and Health Expo in April. You will be able to:

- View a range of nursing and health organisations
- Explore career pathways
- Find out about educational opportunities
- Hear from nurses working a range of organisations such as hospitals, defence and emergency services.

**When:** Saturday 24 April, 8.30am – 2.30pm.

**Where:** Online

**Register** now at

[www.acn.edu.au/events/nursing-health-expo](http://www.acn.edu.au/events/nursing-health-expo)

## Updates from Monash University

### Business at Monash

Bookmark the Destination Monash website to keep up to date with information on business courses at Monash and to book a one-to-one appointment with a course adviser.

[www.monash.edu/y12hub/business](http://www.monash.edu/y12hub/business)

### IT at Monash

From AI to cybersecurity, IT is a wonderfully diverse field. If you are interested in technology but not sure which path is right for you, you can take a short, fun quiz to find out called 'Find My Fit'. You'll also discover the benefits of studying IT at Monash.

<http://bit.ly/2ZFIAmb>

## Forensic Science Careers

### Australia New Zealand Policing Advisory Agency (ANZAA)

ANZAA has put together information about careers in forensic science. You can access the information at this link - [www.anzpaa.org.au](http://www.anzpaa.org.au)

### Victorian Institute of Forensic Medicine (VIFM)

VIFM has also put together excellent resources for secondary school students including a webinar series. The Institute also offers career information seminars. Access information via [www.vifm.org/about-us/careers/](http://www.vifm.org/about-us/careers/)

### Courses

The following are several universities that offer courses in forensic science:

#### Victoria

Deakin University, [www.deakin.edu.au](http://www.deakin.edu.au)

#### NSW

University of Western Sydney, [www.westernsydney.edu.au](http://www.westernsydney.edu.au)

University of Technology Sydney, [www.uts.edu.au](http://www.uts.edu.au)

#### Canberra

Canberra Institute of Technology, <https://cit.edu.au>

University of Canberra, [www.canberra.edu.au](http://www.canberra.edu.au)